

Jumpin Up

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Robbie McGowan Hickie (UK) - July 2013
音樂: Jumpin'up (Jump) - Sushy : (CD: Single - Radio Edit)



32 Count intro

Right Forward Rock. Heel Jack. Hold. & Forward Rock. Right Shuffle 1/2 Turn Right.

1 – 2 Rock forward on Right. Rock back on Left.
&3 – 4 Step back on Right. Dig Left heel forward. Hold.
&5 – 6 Step Left back to place. Rock forward on Right. Rock back on Left.
7&8 Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 6 o'clock)

Left Forward Rock. Heel Jack. Hold. & Forward Rock. Chasse 1/4 Turn Left.

1 – 2 Rock forward on Left. Rock back on Right.
&3 – 4 Step back on Left. Dig Right heel forward. Hold.
&5 – 6 Step Right back to place. Rock forward on Left. Rock back on Right.
7&8 Make 1/4 turn Left stepping Left to Left side. Close Right beside Left. Step Left to Left side.

Cross. Back. & Cross. Side Step Right. Back Rock. Left Kick-Ball-Step Forward.

1 – 2 Cross step Right over Left. Step back on Left. (Facing 3 o'clock)
&3 – 4 Step ball of Right to Right side. Cross step Left over Right. Long step Right to Right side.
5 – 6 Rock back on Left. Rock forward on Right.
7&8 Kick Left forward. Step ball of Left beside Right. Step forward on Right.

Step Forward. Scuff. Out-Out. & Heel Bounce. Right Jazz Box with Point.

1 – 2 Step forward on Left. Scuff Right slightly forward.
&3 Jump out Right to Right side. Jump out Left to Left side.
&4 Raise both heels up. Replace both heels to floor. (Weight on Left) ***Ending – See Below***
5 – 6 Cross step Right over Left. Step back on Left.
7 – 8 Step Right to Right side. Point/Touch Left toe out to Left side.

Rolling Vine Full Turn Left. Touch. Chasse Right. Back Rock.

1 – 4 Rolling Vine Full turn Left stepping Left. Right. Left. Touch Right toe beside Left.
5&6 Step Right to Right side. Close Left beside Right. Step Right to Right side.
7 – 8 Rock back on Left. Rock forward on Right. (Facing 3 o'clock)

Step. Pivot 1/2 Turn Right. Left Shuffle Forward. Heel Switches. & Step Forward. Scuff.

1 – 2 Step forward on Left. Pivot 1/2 turn Right. (Facing 9 o'clock)
3&4 Left shuffle forward stepping Left. Right. Left.
5&6& Dig Right heel forward. Step Right back to place. Dig Left heel forward. Step Left back to place.
7 – 8 Step forward on Right. Scuff Left forward.

Left Jazz Box Cross. Side Rock. Recover 1/4 Turn Right. Left Shuffle Forward.

1 – 4 Cross step Left over Right. Step back on Right. Step Left to Left side. Cross step Right over Left.
5 – 6 Rock Left out to Left side. Recover weight on Right making 1/4 turn Right. (Facing 12 o'clock)
7&8 Left shuffle forward stepping Left. Right. Left.

Cross. Side Step Left. Right Sailor Step. Cross. 1/4 Turn Left. Left Shuffle 1/2 Turn Left.

1 – 2 Cross step Right over Left. Step Left to Left side.
3&4 Cross Right behind Left. Step Left beside Right. Step Right to Right side.

5 – 6 Cross step Left over Right. Make 1/4 turn Left stepping back on Right.
7&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 3 o'clock)

Start Again

**Ending: Dance ends during Wall 7 ... Dance to Count 28 ... then Replace Right Jazz Box Point with ...
Right Jazz Box 1/4 Turn Right ... End Facing 12 o'clock**

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