

# North Carolina Stroll (P)

COPPER KNOB  
STEPPERS

拍數: 16      牆數: 0      級數: Partner  
編舞者: Unknown - July 2013  
音樂: Fast As You - Dwight Yoakam



**History/Lineage:** Seems to be a variation on "North Carolina Sway" (choreographer also unknown). This variation of the dance is predominant in SouthEastern New Hampshire and NorthEastern Massachusetts, USA.

Start with couple facing outside line-of-dance (OLOD), lady in front of man, hands joined at lady's shoulders. Both partners use same footwork.

## HEEL, TOGETHER, HEEL, TOGETHER, HEEL, TURN 1/4 RIGHT, KICK, STEP BACK

- 1-2      Touch right heel diagonally forward, step right foot next to left foot
- 3-4      Touch left heel diagonally forward, step left foot next to right foot
- 5-6      Touch right heel diagonally forward, turn 1/4 right and step right forward
- 7-8      Kick left foot forward (low), step left foot back

## BACK, TURN 1/2 LEFT, TURN 1/4 LEFT, BEHIND, TURN 1/4 RIGHT, STEP, STEP, TURN 1/4 RIGHT

- 1-2      Step right foot back, turn 1/2 left and step left forward
- 3-4      Turn 1/4 left and step right foot to side, step left foot behind right

**Hands:** Prior to count 3, release left hands. On count 3, pass joined right hands over lady's head, and then rejoin left hands behind left side of man's waist.

- 5-6      Turn 1/4 right and step right forward, step left forward
- 7-8      Step right forward, turn 1/4 right and step left to side

Full turn for ladies (optional, but the turn is almost always done): On count 6, lady turns 1/2 right and steps left foot back (moving in direction of LOD).

On count 7, lady turns 1/2 right and steps right foot forward (still moving in direction of LOD).

**Hands:** On count 5, release left hands and pass joined right hands over lady's head. Rejoin left hands when turn is completed.

## REPEAT

Submitted By: Gerry Frazer - gerfrazer@yahoo.com

Documented by: Gerry Frazer (30 Jul 2013)