

We're Alright

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ross Brown (ENG) - July 2013
音樂: Alright - Supergrass : (CD: Various CDs - 3:02)



Intro: 16 Counts (Approx. 6 Secs)

Restart: On Wall 9, Restart after 8 Counts (*R*) facing Front Wall.

RUMBA BOX FORWARD.

1 – 2 Step forward with right, touch left next to right.
3 – 4 Step left to the left, step right next to left.
5 – 6 Step back with left, touch right next to left.
7 – 8 Step right to the right, step left next to right. (12 O'CLOCK)

(*R*) wall 9

SIDE, KICK. SAILOR STEP. KICK, BEHIND, SIDE.

1 – 2 Step right to the right, kick left foot forward to left diagonal.
3 – 4 – 5 Cross step left behind right, step right to the right, step left to the left.
6 – 7 – 8 Kick right foot forward to right diagonal, cross step right behind left, step left to the left. (12 O'CLOCK)

CROSS, HITCH. DIAGONAL STEP, LOCK. STEP, HITCH ¼ TURN L. STEP, LOCK.

1 – 2 Cross step right over left, hitch left knee up.
3 – 4 Step left foot forward to right diagonal, lock right behind left.
5 – 6 Step left foot forward to right diagonal, make a ¼ turn left hitching right knee up.
7 – 8 Step forward with right, lock left behind right. (9 O'CLOCK)

STEP, HOLD. MAMBO FORWARD, HOLD. COASTER STEP.

1 – 2 Step forward with right, hold for Count 2.
3 – 4 – 5 – 6 Rock forward with left, recover onto right, step back with left, hold for Count 6.
7 – 8 Step back with right, step left next to right.

Improver Alternative:

3 – 4 – 5 Rock forward with left, recover onto right, make a ½ turn left stepping forward with left.
6 – 7 – 8 Hold for Count 6, step forward with right, pivot a ½ turn left. (9 O'CLOCK)

END OF DANCE!