

Unchained Love

COPPER KNOB
BY STEPHEN

拍數: 32

牆數: 2

級數: Improver / Intermediate - Smooth
NC



編舞者: Ivan Mao (USA) - July 2013

音樂: My Love - Westlife : (Album: Unbreakable - The Greatest Hits, Vol.1)

Intro: After 4 heavy guitar beats, or 10 beats from the beginning of the track. 2 Restarts

OR "Unchained Melody" *3) by Kenny Rogers (Intro: 4 counts from the beginning of the track. No Restarts)

BASIC NIGHT-CLUB R , L. 1/4 L TURN AND BASIC NIGHT-CLUB R, L.

- 1, 2& Rf slide to R and step. Cross Lf slightly behind Rf. Recover onto Rf. (12:00)
3, 4& Lf slide to L and step. Cross Rf slightly behind Lf. Recover onto Lf.
5, 6& Turn 1/4 L (9:00), and slide Rf to R and step. Cross Lf slightly behind Rf. Recover onto Rf.
7, 8& Lf slide to L and step. Cross Rf slightly behind Lf. Recover onto Lf. (9:00)

ROCK, TURN STEP AND SWEEP. CROSS, BACK, BACK. CROSS, BACK, COASTER STEP.

- 1, 2 Rf rock/step to R. Turning 1/4 L and step Lf in place with Rf sweeping to the front. (6:00)
3&4 Rf step cross over Lf. Lf step back. Rf step back.
5, 6 Lf step cross over Rf. Rf step back.
7&8 Lf step back. Rf step next to Lf. Lf step fwd. (6:00)

*2)Restart 2 here during wall 7 facing 12:00.

RF FWD STEP, LF BEHIND TOUCH. TRIPLE-STEP 1/2 L TURN WITH SWEEP. 2X

- 1, 2 Step Rf fwd. Touch/tap Lf behind Rf. (Option: Ladies do a curtsy)
3&4 Turn 1/2 L triple stepping: Lf, Rf, Lf. (12:00)
(Option: On count 4, as Lf stepping fwd, Rf sweep from back to front but stop when Rf directly in front of Lf.)

*1)Restart 1 here during wall 3 facing 12:00.

- 5, 6 Step Rf fwd. Touch/tap Lf behind Rf (Option: Ladies do a curtsy)
7&8 Turn 1/2 L triple stepping: Lf, Rf, Lf (6:00)

(Option: On count 8, as Lf stepping fwd, Rf sweep from back to front.)

CROSS, STEP. WEAVE AND SWEEP. CROSS, POINT. SWAY R, L.

- 1, 2 Rf step cross over Lf. Lf step to L.
3&4 Rf step cross behind Lf. Lf step to L. Rf step cross over Lf and sweep Lf from back to front.
5, 6 Lf step cross over Rf. Point/touch Rf to R.
7, 8 Sway R and plant weight onto Rf. Sway L and put weight onto Lf. (6:00)

START OVER

*1)Restart 1: During wall 3 when facing 12:00. After count 4 in section 3, add an & count tapping Rf next to Lf, and then start wall 4.

*2)Restart 2: During wall 7 when facing 12:00. After count 8 in section 2, add an & count tapping Rf next to Lf., and then start wall 8.

Ending: At the end of wall 9 facing 12:00, after sway R and L, add 2 counts: Sway back onto Rf, and Lf cross over Rf and pose as music end. Pose: L knee bend, R arm up fwd but bend back with R hand doing a swan head facing L, and L arm pointing straight to L.

*3) The rhythm of "Unchained Melody" by Kenny Rogers is really a Viennese Waltz. But going by the heavy beat of drum and bass, this dance can be done nicely. No restarts when this song is used. Ending can be the same.

