

Como Los Olivos

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lars Kuif (NL) - July 2013
音樂: Como los Olivos - Bebe



Info: 114 Bpm - Starts after 44 counts

[1-8] L Side, R Rock Back, Recover, R Step Fwd. L Diagonal Step Fwd. With Bumps + R.

1 – 4 Step L to side, rock R back, recover to L, step R fwd.
5 & 6 Step L fwd. (diagonal) with bumps L-R-L
7 & 8 Step R fwd. (diagonal) with bumps R-L-R

[9-16] L Step Fwd.. ½ Turn R, L Shuffle Fwd., Side Rock-Recover-Cross R+L

1 – 2 Step L fwd., ½ turn R (weight to R)
3 & 4 Step L fwd., step R next to L, step L fwd.
5 & 6 Rock R to side, recover to L, step R across L
7 & 8 Rock L to side, recover to R, step L across R

[17-24] Side, Behind, Side, L Cross Shuffle, R Side Step With Bumps, ½ Turn R, L Side Step With Bumps, R Knee Lift

1 – 2 Step R to side, step L back
& 3 & 4 step R to side, step L across R, step R to side, step L across R
5 & 6 Step R to side with bumps R-L-R
& 7 & 8 ½ turn R, step L to side with bumps L-R-L
& Lift R knee

[25-32] Chassé R, ½ Turn R With L Hitch, Chassé L, Cross Mambo R+L

1 & 2 Step R to side, step L next to R, step R to side
& 3 & 4 ½ turn R and hitch L, step L to side, step R next to L, step L to side
5 & 6 Rock R across L, recover to L, step R to side
7 & 8 Rock L across R, recover to R, step L to side

[33-40] R Rock Fwd., Recover, R Step Lock Step, L Step Lock Step, R Step Lock Step

1 – 2 Rock R fwd., recover to L
3 & 4 Step R fwd., lock L behind R, step R fwd.
5 & 6 Step L fwd., lock R behind L, step L fwd.
7 & 8 Step R fwd., lock L behind R, step R fwd.

[41-48] L Sailor Step Fwd., R Sailor Step Fwd., L Jazz Box Into ¼ Turn L, Touch

1 & 2 Step L across R, step R to side, step L to side
3 & 4 Step R across L, step L to side, step R to side
5 – 8 Step L across R, ¼ turn L stepping R back, step L to side, touch R next to L

[49-56] Rolling Vine R, Touch, Chassé L, ½ Turn L, R Hitch, Chassé R

1 – 4 Rolling vine full turn R stepping R-L-R, touch L next to R
5 & 6 Step L to side, step R next to L, step L to side
& 7 & 8 ½ turn L, step R to side, step L next to R, step R to side

[57-64] L Sailor Step Back, R Sailor Step Back, L Step Fwd. ½ Turn R, L Step Fwd. ½ Turn R

1 & 2 Step L behind R, step R to side, step L to side
3 & 4 Step R behind L, step L to side, step R to side
5 – 6 Step L fwd., ½ turn R (weight on R)
7 – 8 Step L fwd., ½ turn R (weight on R)

Start again.

Have fun and enjoy!

Restart: Dance wall 1 up to count 60 (R sailor step back) and restart

Tag + Restart

Dance wall 4 up to count 18 and add:

& 3 – 4 Step R to side, step L across R, step R to side

Begin again

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