

Hey Love

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Niels Poulsen (DK) - July 2013
音樂: Hey Love - Quadron : (iTunes)



Intro: 16 counts from first beat in music (app. 8 secs. into track). Weight on R foot

[1 – 9] Big step L, drag, ball cross, R chasse, touch together, ¼ L, L step lock step fwd

1 Step L a big step to L side (1) 12:00
2&3 Drag R towards L (2), step R slightly behind L (&), cross L over R (3) 12:00
4&5 Step R to R side (4), step L next to R (&), step R to R side (5) 12:00
6 – 7 Touch L next to R (6), turn ¼ L on R foot leaving L toes touched in front of R (7) 9:00
8&1 Step L fwd (8), lock R behind L (&), step L fwd (1) 9:00

[10 – 16] Step ¼ L, R samba step, cross, syncopated Monterey with ¼ R

2 – 3 Step R fwd (2), turn ¼ L onto L foot (3) 6:00
4&5 – 6 Cross R over L (4), rock L to L side (&), recover on R (5), cross L over R (6) 6:00
7&8& Point R to R side (7), turn ¼ R stepping R next to L (&), point L to L side (8), step L next to R (&) 9:00

[17 – 25] Big step R, drag, ball cross, L chasse, R jazz box into R chasse ¼ R

1 Step R a big step to R side (1) 9:00
2&3 Drag L towards R (2), step L slightly behind R (&), cross R over L (3) 9:00
4&5 Step L to L side (4), step R next to L (&), step L to L side (5) 9:00
6 – 7 Cross R over L (6), step back on L (7) 9:00
8&1 Step R to R side (8), step L next to R (&), turn ¼ R stepping R fwd (1) 12:00

[26 – 31] Step ½ R, shuffle ½ R, R back rock

2 – 3 Step L fwd (2), turn ½ R stepping R fwd (3) 6:00
4&5 Turn ¼ R stepping L to L side (4), step R next to L (&), turn ¼ R stepping L backwards (5) 12:00
6 – 7 Rock back on R (6), recover fwd on L (7) 12:00

[32 – 39] Kick & heel & hitch & heel & point &, side, back rock side

8&1 Kick R fwd (8), step R next to L (&), touch L heel fwd (1) 12:00
&2&3 Step L next to R (&), hitch R knee (2), step R down (&), touch L heel fwd (3) 12:00
&4& Step L next to R (&), point R to R side (4), step R next to L (&)

*** Restart on wall 5 (12:00) 12:00**

5 Step L to L side (5) 12:00
6&7 Rock back on R (6), recover fwd on L (&), step R a small step to R side (7) 12:00

[40 – 47] L samba weave 1/8 L, behind side cross 1/8 L, L scissor step, side R, L behind

8&1 Cross L over R (8), step R to R side (&), turn 1/8 L stepping L behind R (1) 10:30
2&3 Cross R behind L (2), turn 1/8 L stepping L to L side (&), cross R over L (3) 9:00
4&5 Step L to L side (4), step R next to L (&), cross L over R (5) 9:00
6 – 7 Step R to R side (6), cross L behind R (7) 9:00

[48 – 57] Tap tap rock, side rock L recover, L sailor step, behind side cross, side L, touch

8&1 Tap R slightly to R side (8), tap R foot further to R side (&), rock R to R side (1) 9:00
2 – 3 Rock L to L side (2), recover weight to R foot (3) 9:00
4&5 Cross L behind R (4), step R a small step to R side (&), step L to L side (5) 9:00
6&7 Cross R behind L (6), step L to L side (&) cross R over L (7) 9:00
8 – 1 Step L to L side (8), touch R next to L (1) 9:00

[58 – 64] R chasse, L jazz box ¼ L, cross, beginning of L chassé

2&3 Step R to R side (2), step L next to R (&), step R to R side (3) 9:00

4 – 6 Cross L over R (4), start turning ¼ L stepping R back (5), finish turn stepping L to L side (6)
6:00

7 – 8& Cross R over L (7), step L to L side (8), step R next to L (&) 6:00

Start again

Restart: During wall 5, after 36 counts, facing 12:00.

Ending The dance automatically finishes at 12:00. Start wall 7, facing 6:00, and finish with your R samba step (count 13) which will be your last step. You're now facing 12:00. Tadaah! ?12:00

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