

Old Sunshine

拍數: 48 牆數: 4 級數: High Beginner / Improver
編舞者: Robbie McGowan Hickie (UK) - July 2013
音樂: Sunshine - Charlie Landsborough : (CD: Movin' On)



Dedicated to Bill Mathieson on his Retirement – Friday 5th July 2013
Wishing you Health ... Happiness & Contentment in the years ahead
16 Count intro

Diagonal Step Forward. Touch and Clap. Diagonal Step Back. Touch and Clap. Chasse Right. Back Rock.

1 – 2 Step Right Diagonally forward Right. Touch Left toe beside Right and Clap.
3 – 4 Step Left Diagonally back Left. Touch Right toe beside Left and Clap.
5&6 Step Right to Right side. Close Left beside Right. Step Right to Right side.
7 – 8 Rock back on Left. Rock forward on Right.

Diagonal Step Forward. Touch and Clap. Diagonal Step Back. Touch and Clap. Chasse Left. Back Rock.

1 – 2 Step Left Diagonally forward Left. Touch Right toe beside Left and Clap.
3 – 4 Step Right Diagonally back Right. Touch Left toe beside Right and Clap.
5&6 Step Left to Left side. Close Right beside Left. Step Left to Left side.
7 – 8 Rock back on Right. Rock forward on Left.

Right Shuffle Forward. Step. Pivot 1/2 Turn Right. Left Shuffle Forward. Step. Pivot 1/2 Turn Left.

1&2 Right shuffle forward stepping Right. Left. Right.
3 – 4 Step forward on Left. Pivot 1/2 turn Right. (Facing 6 o'clock)
5&6 Left shuffle forward stepping Left. Right. Left.
7 – 8 Step forward on Right. Pivot 1/2 turn Left. (Facing 12 o'clock)

Right Jazz Box. Right Jazz Box Cross. (Making 1/4 Turn Right).

1 – 2 Cross step Right over Left. Step back on Left.
3 – 4 Step Right to Right side. Step Left forward into Right Diagonal.
5 – 6 Cross step Right over Left. Step back on Left.
7 – 8 Step Right to Right side. Cross step Left over Right – Completing 1/4 turn Right. (Facing 3 o'clock)

Right Side Rock. Behind & Cross. Left Side Rock. Behind & Step Forward.

1 – 2 Rock Right out to Right side. Recover weight on Left.
3&4 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.
5 – 6 Rock Left out to Left side. Recover weight on Right.
7&8 Cross Left behind Right. Step Right to Right side. Step forward on Left.

2 x Walks Forward. Right Shuffle Forward. Forward Rock. Left Shuffle 1/2 Turn Left.

1 – 2 Walk forward on Right. Walk forward on Left.
3&4 Right shuffle forward stepping Right. Left. Right.
5 – 6 Rock forward on Left. Rock back on Right.
7&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 9 o'clock)

Start Again