

No Man's Land

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Ria Vos (NL) - July 2013
音樂: No Man's Land - Leanne Mitchell



Intro: 8 Counts (± 10 sec)

Side, Behind, ¼ R, ¼ R, Sailor ¼ R, Full Turn L, Step Back, Coaster Cross

1-2& Step R to R Side, Step L Behind R, ¼ Turn R Step Fwd on R (3:00)
3-4& ¼ Turn R Step L to L Side, Step R Behind L Turning ¼ Turn R, Step L Next to R (9:00)
5-6 Step Fwd on R, Pivot ½ Turn L (weight on L) (3:00)
&7 Turn another ½ Turn L Small Step Back on R, Small Step Back on L (9:00)
8&1 Step Back on R, Step L Next to R, Step R Fwd and Across L

Side Rock-Cross, ¼ L, ½ L, Point, ½ R Sweep, Cross, Side, Cross

2&3 Rock L to L Side, Recover on R, Step L Fwd and Across R (count 2&3: moving Fwd)
4&5 ¼ Turn L Step Back on R, ½ Turn L Step Fwd on L, Point R to R Side (12:00)
6-7 ¼ Turn R Step Fwd on R Sweeping L into another ¼ Turn R, Cross L over R (6:00)
8& Step R to R Side, Cross L Over R

Basic R, Side, Behind, ¼ L, Side, Behind, Side, Cross Rock, Side Rock, Behind-Sweep

1-2& Step R to R Side, Rock Back on L, Recover on R
3-4& Step L to L Side, Step R Behind L, ¼ Turn L Step Fwd on L (3:00)
5-6& Step R to R Side, Step L Behind R, Step R to R Side
7& Cross Rock L Over R, Recover on R
8&1 Rock L to L Side, Recover on R, Step L Behind R Sweeping R from Front to Back

Rock Back, Step Pivot ¾ Turn L, Side, Touch, Back, Kick, Ball, Cross

2-3 Rock Back, Recover on L
4& Step Fwd on R, Pivot ¾ Turn L (6:00)
***Restart and Tag Point
5-6 Step R to R Side, Turn Body L Point L to L Diagonal
7 (Straighten Body) Step L Back to L Side
&8& Kick R Fwd to R Diagonal, Step R Next to L, Cross L Over R

Restart: On 1st Wall after count 28 (6:00)

Tag & Restart: On Wall 6 after count 28 add:

1-2 Step and Sway R, Sway L

Restart dance from count 1 (12:00)