

Mamacita B

拍數: 64 牆數: 4 級數: Advanced
編舞者: Penny Tan (MY) & Roz Chaplin (UK) - July 2013
音樂: Mamacita Buena (Radio Edit) - Claydee



16 Count Intro

SEC 1: FORWARD SHUFFLE, FORWARD ROCK, COASTER STEP, FORWARD ROCK

1&2 Step forward on right, close left beside right, step forward on right
3-4 Rock forward on left, recover onto right
5&6 Step back on left step right beside left step forward on left
7-8 Rock forward on right, recover on left

SEC 2: FULL TURN RIGHT (Travelling Backwards), SHUFFLE ½ TURN, HEEL JACKS

1-2 Make ½ turn right stepping forward right, make ½ turn stepping back on left

Easier Option: Walk back right, left

3&4 Shuffle ½ turn stepping – right, left, right (6)
5&6& Cross L over R , step R on R , touch L heel on L , recover L beside R
7&8& Cross R over L, recover L on L, touch R heel on R, recover onto right (6.00)

Sec 3: FOWARD, MAMBO BACK, LEFT ROCK & CROSS, RIGHT ROCK & CROSS

1&2 Rock forward on left, rock back on right, step left back
3&4 Rock back on right, rock forward on left, step forward on right
5&6 Rock left to left side, recover onto right, cross left over right
7&8 Rock right to right side, recover onto left, cross right over left

Sec 4: ¼ TURN, ½ TURN, MAMBO STEP, ROCK STEP, TRAVELLING VOLTA

1-2 Make ¼ turn to right stepping left back (9), make ½ turn to right stepping right forward (3)
3&4 Rock forward on left, recover onto right, step left beside right
5&6& Rock right to right side, recover onto left, cross right over left, step left to left side
7&8 Cross right over left, step left to left side, cross right over left

Sec 5: CHASSE LEFT, BACK ROCK, RIGHT SHUFFLE FORWARD, STEP, TOUCH

1&2 Step left to left side, close right beside left, step left to left side
3-4 Rock back right behind left, recover onto left

Restart Here on Wall 2 &5

5&6 Step right forward, close left beside right, step right forward
7-8 Step left forward, touch right beside left

Here on Wall 7 Music will stop do Taglet then Restart dance

SEC 6: KICK BALL CROSS X2, SIDE ROCK, BEHIND SIDE CROSS

1&2 Kick right foot forward, step right beside left, cross left over right
3&4 Kick right foot forward, step right beside left, cross left over right
5-6 Rock right to right side, recover onto left
7&8 Cross right behind, step left to left side, cross right over left

SEC 7: STEP TOUCH, STEP TOUCH, STEP KICK, CROSS SIDE BACK SHUFFLE

1&2& Step left forward , touch right behind left, step right on right, touch left on left
3-4 Step left forward , kick right foot
5-6 Cross right over left ,step left on left ,
7&8 Step right on right ,close left to right , step right back on right

SEC 8: JAZZ BOX ¼ TURN, SIDE ROCK ¼ TURN, CROSS SHUFFLE

- 1-4 Cross left over right, recover right on right, $\frac{1}{4}$ turn to left ,step left forward, step right forward on right (12)
- 5-6 Rock left to left , recover onto right turning $\frac{1}{4}$ right (3)
- 7&8 Cross left over right, step right on right, cross left over right

TAGLET - Wall 7 - End of Sec 5:

4 HIP ROLLS WITH ATTITUDE & 4 HIP BUMPS

- 1-4 Roll hips round for 4 counts
- 5-8 Step left to left side bumping hips left, right, left, right
-