

Two Step Funk

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Phrased Intermediate
編舞者: Donna Manning (USA) - July 2013
音樂: Two Step (feat. Colt Ford) - Laura Bell Bundy



(16 count intro) - A, A, fix wall, A, Tag, A, Part B, B, B, 1st 8 of B, Part A to the end
(Don't let that scare you – it is driven by the music, I promise.)

Part B is Robert Royston's Dance used with his permission

Sec. 1A (1-8) Kick, Step, Knee Pop, Kick, Step, Knee Pop, Toe Switches, ¼ Turn L, Touch

1&2& Kick R forward, Replace R to center, weight on balls of both feet knees pop out to sides as body lowers, knees come back to center taking weight to R
3&4& Kick L forward, Replace L to center, weight on balls of both feet knees pop out to sides as body lowers, knees come back to center taking weight to L
5&6& R toe to R side, R to center, L toe to L side, L to center
7, 8 ¼ turn L stepping to the side with the R, Drag L in to touch next to R (9:00)
Wall 3 – for counts 7,8 Walk forward R, L – RESTART!

Sec. 2A (9-16) Step, Lock, Step, Step, Lock, Step, Step, Touch, ½ Turn L, Triple Full Turn

1,2&3&4&5 Step L forward, Lock R behind L, Step L forward, Step R forward, Lock L behind R, Step R forward, Step L forward, Touch the ball of the R in front.
6, ½ Turn L on the balls of both feet taking weight to the L (prep for triple full turn)
7&8 ½ Turn L stepping back on R, ½ Turn L stepping forward on L, small step forward R (3:00)

Sec.3A (17-24) L Forward Mambo, R Forward Mambo, Toes, Heels, Heels, Toes, Hitch

Styling if you want to use it – as you recover these mambo steps little tush push to the back*

1&2, 3&4 Push off of the ball of the L forward, recover to R, Step L to Center, Push off the ball of the R forward, recover to L, Step R to Center, taking weight to both feet
5,6,7&8 Turn both toes out, both heels out, both heels come in to center, both toes come towards center taking weight to R, hitch L knee

Sec. 4A (25-32) L Side Rock, R Side Rock, ¼ Turn R doing a L Side Rock, R Side Rock

1,2&,3,4& L side Rock, Recover to R, L to Center, R side Rock, Recover to L, R to Center
5,6&,7,8 ¼ turn R Rocking L to L Side, Recover to R, L to Center, Rock R to R side, Recover to L

TAG 8 counts after wall 4 facing 6:00 – Attitude Walk R,L,R,L w/ Kick Flip ½ Turn L, Walk R,L,R,L – RESTART dance facing 12:00

Part B starts facing 6:00 – Do part B three times and then the 1st 8 of B – go back into A facing 9:00 (yes, you have changed walls) This is Robert Royston's dance Two Step as Part B – used with permission from Robert.

Sec. 1B (1-8) Side, Together, Side, Together, Side (repeat going to the L)

1, 2, 3&4 R to R side, Step L next to R, Step R to R side, Step L next to R, Step R to R side
5, 6, 7&8 L to L side, Step R next to L, Step L to L side, Step R next to L, Step L to L side (12:00)
(When the lyrics say "Slide, slide, two steps" you should really play up the lyrics with footwork)

Sec.2B (9-15) Kick – ball-step X2, little Skates turning ¼ L

***When you watch the video the 1st 4 counts can be heel ball steps or kick ball steps.

1&2, Kick R forward, replace R to center, Change weight to L
3&4 Repeat 1&2
5,6,7,8 Skate R, L, R, L turning ¼ to the L – weight ending on the L
(During these 4 counts you can do all kinds of variations, just end with weight on L for count 8!)

Please do not alter this step sheet in any way.

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