

Blurred Lines

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Ryan Berrett - July 2013
音樂: Blurred Lines (feat. T.I. & Pharrell) - Robin Thicke



(Start 36 counts in – when lyrics start)

Rock Step

1-2 Rock right forward, then return on left foot.

Coaster Cross

3&4 Step back right, then left and forward with right

Rock return with ¼ turn

5-6 Rock left while turning 1/4 turn to right changing weight to right (facing 3:00)

Shuffle turn to right

7&8 Continue turning clockwise 1/2 turn while shuffling left right left. Weight ending on left.
(Facing 9:00)

Rock Step

1-2 Rock back on right, then forward on left

Heel Switches

3&4& Put right heel forward and return and put left heel forward then left return (weight ends on L)

Rock Step

5-6 Rock forward on right, return weight to left

Coaster Step

7&8 Step back right, step back left next to right then step forward on right

Toe Struts

1-2, 3-4 Left toe forward drop the heel. Right toe forward drop the heel

Rock and Crosses

5&6, 7&8 Left rock to left, return weight to right and cross left over right (weight now on right) Right rock to right, return weight to left and cross right over left (weight now on left)

Rock Step, Step Slide

1-2, 3-4 Rock left to left, then big step right with right, Slide left foot into right for 2 counts

Switch weight & military turn

&5-6 Switch weight to left foot, then small step forward with right foot turning 1/4 turn left (drop weight to left foot)

Toe Touches

&7&8 Right toe touch forward, then return and change weight to right while left toe touch forward, then return and change weight to left.

Start again!

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