

# Things

拍數: 32      牆數: 4      級數: High Beginner - Quickstep  
編舞者: Beate Keller (DE) - July 2013  
音樂: Things by Nancy Sinatra & Dean Martin



Start: 16 counts intro

Sequence: 32-32-24-(8)-32-32-32-24-(8)-32-32-32-24-(8)-32-32-32

Alternative music: Things by Robbie Williams

**(1-8) STEP SIDE R (SLOW), CROSS ROCK BEHIND-RECOVER (QUICK-QUICK), ¼ TURN R STEP BACK (SLOW), ¼ TURN R STEP SIDE R (SLOW)**

- 1 - 2            RF step side right – hold (slow)
- 3 - 4            LF cross rock behind RF – RF recover (quick-quick)
- 5 - 6            LF ¼ turn right and step back (3:00) – hold (slow)
- 7 - 8            RF ¼ turn right and step side right (6:00) - hold (slow)

**(9-16) CROSS ROCK-RECOVER (QUICK-QUICK), ¼ TURN L STEP FWD (SLOW), ¼ TURN L STEP SIDE R (SLOW), ¼ TURN L STEP BACK-STEP BESIDE (QUICK-QUICK)**

- 1 - 2            LF cross rock over RF – RF recover (quick-quick)
- 3 - 4            LF ¼ turn left and step fwd (3:00) - hold (slow)
- 5 - 6            RF ¼ turn left and step side right (12:00) - hold (slow)
- 7 - 8            LF ¼ turn left and step back (9:00) – RF step next to LF (quick-quick)

**(17-24) WALK FWD (SLOW), WALK FWD (SLOW), ¼ TURN R STEP SIDE L-STEP BESIDE (QUICK-QUICK), CROSS (SLOW)**

- 1 - 2            LF walk fwd – hold (slow)
- 3 - 4            RF walk fwd – hold (slow)
- 5 - 6            LF ¼ right and step side left (12:00) – RF step next to LF (quick-quick)
- 7 - 8            LF cross in front over RF - hold (slow)

**(25-32) ¼ TURN L STEP BACK (SLOW), WEAVE TO L WITH TOUCH (QUICK-QUICK-QUICK-QUICK-QUICK-QUICK),**

- 1 - 2            RF ¼ turn left and step back (9:00) – hold (slow)
- 3 - 4            LF step back – RF cross over LF (quick-quick)
- 5 - 6            LF step side left – RF cross behind LF (quick-quick)
- 7 - 8            LF step side left – RF touch next to LF (quick-quick) (9:00)

**Bridges: after count 24, on wall 3 (6:00), wall 7 (9:00), wall 11 (12:00)**

**(1-8). BIG STEP SIDE R - DRAG (Q-Q-Q-Q), STEP BACK, HEEL TOUCH FWD, STEP BESIDE, TOE TOUCH BEHIND (Q-Q-Q-Q)**

- 1 - 2 - 3 - 4      RF big step side right(1) – drag LF to RF(2) (3) – LF together(4) (quick-quick-quick-quick)
- 5 - 6 - 7 - 8      RF step back(5) LF heel touch fwd(6)-LF step beside(7)-RF toe touch behind LF(8) (quick-quick-quick-quick)

Start again

Please do not modify this step sheet in any way without the permission of the choreographer.

Contact: [beate.keller1@gmx.de](mailto:beate.keller1@gmx.de)