

Ain't Outta The Woods Yet

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Margaret Morrison (USA) - July 2013
音樂: Ain't Outta the Woods Yet by Colt Ford



Start with weight on both feet

TWIST HEELS, TWIST TOES, TWIST HEELS, HITCH – REPEAT

- 1, 2 Twist both heels to the right, twist both toes to the right (traveling to the right)
- 3, 4 Twist both heels to right, hitch left foot
- 5, 6 Twist both heels to the left, twist both toes to the left (traveling to the left)
- 7, 8 Twist both heels to the left, hitch right foot

NOTE: You can do applejacks right and left instead of twists for counts 1-8 above.

HEEL STRUTS FORWARD

- 1, 2 Touch right toe forward and step down full weight on heel
- 3, 4 Touch left to forward and step down full weight on heel
- 5, 6 Touch right toe forward and step down full weight on heel
- 7, 8 Touch left to forward and step down full weight on heel

GRAPEVINE TO THE RIGHT, SCUFF, GRAPEVINE TO THE LEFT WITH A ¼ TURN, SCUFF

- 1,2,3,4 Step right foot to right side, step left foot behind right, step right foot to the right side, scuff left foot forward.
- 5,6,7,8 Step left foot to the left side, step right behind left, step left foot ¼ turn to the side, scuff right foot forward (9:00)

STEP RIGHT OUT HOLD, STEP LEFT OUT HOLD, HIP BUMPS

- 1, 2 Step right foot to the right side and hold
- 3, 4 Step left foot to the left side and hold
- 5,6,7,8 Bump hips to the right, left, right left

Contact: howardhighland@earthlink.net