

Still Rockin'

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Improver
編舞者: Gaye Teather (UK) - July 2013
音樂: Rockin' - Dave Sheriff : (CD: Still Rockin')



16 count intro – 7 seconds. Start on vocals) - Dance rotates in CW direction

Right Rocking chair. Step. Pivot half turn Left. Triple half turn Left

1 – 2 Rock forward on Right. Recover onto Left
3 – 4 Rock back on Right. Recover onto Left
5 – 6 Step forward on Right. Pivot half turn Left
7&8 Triple half turn Left stepping Right. Left. Right (Facing 12 o'clock)

Diagonal back rocks. Shuffle forward. Forward rock

1 – 2 Step Left diagonally back Left rocking/pushing hips back. Rock forward onto Right
3 – 4 Rock back onto Left. Rock forward onto Right
5&6 Step forward on Left. Step Right beside Left. Step forward on Left
7 – 8 Rock forward on Right. Recover onto Left

Right side rock. Cross shuffle. Side. Quarter turn Right. Cross. Hold/Clap

1 – 2 Rock Right to Right side. Recover onto Left
3&4 Cross Right over Left. Step Left to Left side. Cross Right over Left
5 – 6 Step Left to Left side. Quarter turn Right stepping Right to Right side (Facing 3 o'clock)
7 – 8 Cross Left over Right. Hold/clap

Side. Cross. Hold/clap. Side. Cross. Hold/clap. Toe touches out. In. Out. In

&1 – 2 Step Right to Right side. Cross Left over Right. Hold & clap
&3 – 4 Step Right to Right side. Cross Left over Right. Hold & clap
5 – 6 Touch Right toe to Right side. Touch Right beside Left
7 – 8 Touch Right toe to Right side. Touch Right toe beside Left

Start again
