

Time in a Bottle

拍數: 48 牆數: 4 級數: Improver
編舞者: Karen Tripp (CAN) - May 2013
音樂: Time In A Bottle - Nana Mouskouri



Left foot leads, Start on lyrics (wait 9 full measures of 6 counts)

RIGHT DIAGONAL WALTZ FORWARD AND BACK

1-2-3 Step to the right diagonal forward on the left, step in place right, left
4-5-6 Step diagonally back on right, step in place left, right, squaring up to center

LEFT DIAGONAL WALTZ FORWARD AND BACK

7-8-9 Step to the left diagonal forward on the left, step in place right, left
10-11-12 Step diagonally back on the right, step in place left, right, squaring up to center

PROGRESSIVE WALTZ BOX FORWARD, PROGRESSIVE WALTZ BOX BACK**

13-14-15 Step left forward, step side on right, step left together
16-17-18 Step right forward, step side on left, step right together
19-20-21 Step left back, step side on right, step left together
22-23-24 Step right back, step side on left, step right together

****On fourth repetition facing 9:00, dance to count 24 and extend the Progressive Box Back with an extra Back Step, Back Draw Close (wt to right) (for a total of 3 counts). RESTART.**

1/2 TURN LEFT, BACK WALTZ

25-26-27 Step forward and turn $\frac{1}{4}$ left and step left, continue left-face turn another $\frac{1}{4}$ and step right, step left in place (6:00)
28-29-30 Step back on right, step in place left, step right ** (dance to here as the song ends)

1/4 TURN LEFT, BACK WALTZ

31-32-33 Step forward and turn $\frac{1}{4}$ left and step left, step right in place, step left (3:00)
34-35-36 Step back on right, step in place left, step right

4 TWINKLES

37-38-39 Cross left over right, step in place right, step left (angle body to left)
40-41-42 Cross right over left, step in place left, right (angle body to right)
43-48 Repeat steps 37-42

1x 3-count Tag on 4th repetition and Restart

****TAG & RESTART: At the end of the third repetition, there is a musical interlude of 27 counts. You will be facing 9:00. Dance the first 24 counts, and extend the Progressive Box Back an extra Step Back on left (1), Draw the right foot back towards the left (2), Step on right (3). Restart.**

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