

Give It To You

拍數: 64 牆數: 4 級數: Novice
編舞者: Wong Wai Fong - July 2013
音樂: Give It to You (feat. Sean Paul) - Eve



Start after 32 counts.

SIDE TOGETHER SIDE HITCH, ¼ TURN LEFT, SIDE TOGETHER SIDE HITCH

- 1 – 4 Step right to right side (1), step left beside right (2), step right to right side (3), hitch left knee up (4)
5 – 8 Making a ¼ turn left, step left to left side (5), step right beside left (6), step left to left side (7), hitch right knee up (8)

Styling: As you do the side together side steps, bend knees and knock both knees together at each count.

ROCKING CHAIR, BODY ROLLS ¼ TURN LEFT

- 1 – 4 Rock forward on right (1), recover on left (2), rock back on right (3), recover on right (4)
5 – 8 Step right beside left and do two anti-clockwise body roll, making a ¼ turn left, weight ending on left (5 – 8)

BOOGIE WALKS

- 1 – 2 Step forward on right, bending both knees to right (1), hold (2)
3 – 4 Step forward on left, bending both knees to left (3), hold (4)
5 – 8 Step forward on right, bending both knees to right (5), step forward on left, bending both knees to left (6), step forward on right, bending both knees to right (7), hold (8)

FORWARD MAMBO, BACK MAMBO

- 1 – 4 Rock forward on left (1), recover on right (2), step back on left (3), hold (4)
5 – 8 Rock back on right (5), recover on left (6), step forward on right (7), hold (8)

STOMP ½ TURN RIGHT, KICK, BEND, HEEL, BEND, KICK

- 1 – 4 Stomp forward on left, with hands out at the sides at waist level, and shrug shoulders (1), make a slow ½ turn right, hands out at the sides at waist level, shrugging shoulders at each count (2 – 3), kick forward on right (4)
5 – 6 Step right beside left and bend both knees slightly (5), straighten both knees and touch left heel forward (6)
7 – 8 Step left beside right and bend both knees slightly (7), straighten both knees and kick forward on right (8)

SUZY Q X2

- 1 – 4 Cross right heel over left (1), small step left to left side, swiveling on right heel (2), cross right heel over left (3), brush forward on left (4)
5 – 8 Cross left heel over right (5), small step right to right side, swiveling on left heel (6), cross left heel over right (7), brush forward on right (8)

JAZZ BOX ¼ TURN RIGHT, ROCK RECOVER X2

- 1 – 4 Cross right over left (1), step back on left (2), making a ¼ turn right, step right to right side (3), cross left over right (4)
5 – 6 Rock right to right side (5), recover on left (6)
& 7 – 8 Step right beside left (&), rock left to left side (7), recover on right (8)

STEP ARCH X2, KNEE KNOCKS X4 ½ TURN LEFT

- 1 – 2 Step left beside right, arching your back, swinging right arm up (1), lower arm and recover body (2)

- 3 – 4 Step right in place, arching your back, swinging left arm up (3), lower arm and recover body (4)
- 5 – 8 Take 3 steps back on balls of feet left, right, left, making a ½ turn left, bending and knocking knees together at each count (5 – 7), touch right beside left, bending and knocking knees together (8)

REPEAT

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