Satin Waltz



拍數: 96 編數: 2 級數: Intermediate / Advanced - waltz

編舞者: Malene Jakobsen (DK) - June 2013

音樂: Nights In White Satin - Declan: (Album: Thank You - iTunes)



Intro: 24 counts from the beginning, 10 sec. into track - dance begins with weight on R

Restart: There are 3 restarts, wall 2 after 48 counts, wall 4 after 60 counts and wall 5 after 48 counts - you'll be facing 6.00 all 3 times.

[1-6] Step fwd., 1/2, step fwd., 1/4

1-2-3 (1) Step fwd. on L, (2) on ball of L turn 1/2 R, (3) take weight on R 6.00 4-5-6 (4) Step fwd. on L, (5) on ball of L turn 1/4 R, (6) take weight on R 9.00

[7-12] Cross, sweep, cross, 1/4, 1/4

1-2-3 (1) Cross L over R, (2-3) sweep R from back to front 9.00

4-5-6 (4) Cross R over L, (5) turn 1/4 R stepping back on L, (6) turn 1/4 R stepping R to R 3.00

[13-18] Cross, sweep, jazz 1/4

1-2-3 (1) Cross L over R, (2-3) sweep R from back to front 3.00

4-5-6 (4) Cross R over L, (5) turn 1/4 R stepping back on L, (6) step R to R 6.00

[19-24] Step fwd., hitch, run back

1-2-3 (1) Step fwd. on L, (2-3) hitch R 6.00

4-5-6 (4-5-6) Run back R, L, R 6.00

[25-30] 1/4, point, hold, 1/4, 3/4 pencil turn

1-2-3 (1) Turn 1/4 L stepping L to L, (2) point R to R, (3) hold 3.00

4-5-6 (4) Turn 1/4 R putting weight on R, (5-6) on ball of R make 3/4 turn R 3.00

NOTE: Turning in place on ONE foot while the other foot stays pressed close in 1st position, but does not touch the floor

[30-36] Side, back rock, side, back rock

1-2-3 (1) Step L to L, (2) rock back on R, (3) recover onto L 3.00 4-5-6 (4) Step R to R, (5) rock back on L, (6) recover onto R 3.00

[37-42] 1/4, 1/4, cross, sway

1-2-3 (1) Turn 1/4 R stepping back on L, (2) turn 1/4 R stepping R to R, (3) cross L over R 9.00

4-5-6 (4-5-6) Step R to R and sway R 9.00

[43-48] Sway L, chasse 1/4

1-2-3 (1-2-3) Step L to L and sway L 9.00

4-5-6 (4) Step R to R, (5) step L next to R, (6) turn 1/4 R stepping fwd. on R 12.00

NOTE: Restart here on wall 2 and 5, you will be facing 6.00

[49-54] Rock, hold, basic 1/2

1-2-3 (1) Rock fwd. on L, (2-3) hold 12.00

4-5-6 (4) Step back on R, (5) turn 1/2 L stepping fwd. on L, (6) step R next to L 6.00

[55-60] Step fwd., drag, step fwd. drag

1-2-3 (1) Step fwd. on L, (2-3) drag R towards L 6.00 4-5-6 (4) Step fwd. on R, (5) drag L towards R 6.00

NOTE: Restart here on wall 4, you will be facing 6.00

[61-66] Pivot 1/4, cross, 1/2

- 1-2-3 (1) Step fwd. on L, (2) turn 1/4 R, (3) cross L over R 9.00
- 4-5-6 (4) Turn 1/4 L stepping back on R (5-6) on ball of R continue the turn another 1/4 L 3.00

[67-72] Sway L, sway R

- 1-2-3 (1) Step L to L, (2-3) sway L 3.00
- 4-5-6 (4) Step R to R, (5-) sway R 3.00

[73-78] Shuffle 1/4, spiral full turn

- 1-2-3 (1) Turn 1/4 L stepping fwd. on , (2) step R next to L, (3) step fwd. on L 12.00
- 4-5-6 (4) Step fwd. on R, (5-6) full spiral turn L 12.00

[79-84] Shuffle fwd., fwd. basic

- 1-2-3 (1) Step fwd. on L, (2) step R next to L, (3) step fwd. on L 12.00
- 4-5-6 (4) Step fwd. on R, (5) step L next to R, (6) step slightly back on R 12.00

[85-90] Step back, drag, step back, 1/2, step fwd.

- 1-2-3 (1) Step back on L, (2-3) drag R towards L 12.00
- 4-5-6 (4) Step back on R, (5) Turn 1/2 L stepping fwd. on L, (6) step fwd. on R 6.00

[91-96] Rock fwd., holds, coaster step

- 1-2-3 (1) Rock fwd. on L, (2-3) hold 6.00
- 4-5-6 (4) Step back on R, (5) step L next to R, (6) step fwd. on R 6.00

Optional ending: To finish the dance at 12.00, dance section 1 and section 2 with an alteration: [7-13] Cross, sweep, cross, 1/4, 1/2, step fwd., drag

- 1-2-3 (1) Cross L over R, (2-3) sweep R from back to front
- 4-5-6-7 (4) Cross R over L, (5) turn 1/4 R stepping back on L, (6) turn 1/2 R stepping fwd. on R, (7)

step fwd. on L and drag R towards L

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