

Disturb Me

拍數: 32 牆數: 2 級數: Beginner
編舞者: Anja Brinch (DK) - July 2013
音樂: Wake Me Up - Avicii



Intro: 16 counts

Section 1: Heel switchess, Pivot 1/2 turn x 2

1 & Touch right heel forward. Step right beside left.
2 & Touch left heel forward. Step left beside right.
3, 4 Step right forward. Pivot 1/2 turn left.

5 & Touch right heel forward. Step right beside left.
6 & Touch left heel forward. Step left beside right.
7, 8 Step right forward. Pivot 1/2 turn left.

Section 2: Side rock, recover, cross shuffle x 2

1, 2 Rock right to right side, recover to left
3 & 4 Cross right over left, step left to left, cross right over left

5, 6 Rock left to left side, recover to right
7 & 8 Cross left over right, step right to right, crosse left over right

Section 3: Right 1/4 monterey turn, 2 x right kick ball change

1, 2 Point right to right side. Make 1/4 turn right stepping right beside left
3, 4 Point left to left side. Step left beside right.

5 & 6 Kick right forward. Step right beside left. Change weight to left
7 & 8 Kick right forward. Step right beside left. Change weight to left

Section 4: Cross point x 2, jazz box 1/4 right

1, 2 Cross right over left, point left to left side
3, 4 Cross left over right, point right to right side

5, 6 Cross right over left, step left back
7, 8 Turn 1/4 on right, step forward on left

Contact: anjabrinch@outlook.dk