

Twisted DJ!

拍數: 96 牆數: 4 級數: Phrased High Intermediate
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音樂: Twisted - Usher



A - 64 counts

A1: Brush Out-Out, Heel Swivel, & Touch, Jazz Box & Cross, & Point

1-&-2 Brush R heel fwd, Step R out to R, Step L out to L
&3&4 Swivel R heel in, Swivel R heel back to center, Step L to R, Point R toe out to R
5-6&7 Cross R over L, Step back on L, Step R out to R, Cross L over R
& - 8 Step R out to R, Point L toe back behind R

A2: ¾ Unwind, Step-Lock-Step-Lock-Step, Rock Recover, Back-Out-Out-Touch

1 - 2 Unwind ¾ Turn L stepping slightly fwd on L/sweeping R in front, Step fwd on R
&3&4 Lock L behind R, Step fwd on R, Lock L behind R, Step fwd on R
5 - 6 Rock fwd on L, Recover back on R
&7&8 Step back on L, Step R out to R, Step L out to L, Point R toe behind L

A3: Twist Heels Out, In, Out, In, Hold, Twist Heels Out-In, Bump Hips R-L-R, L-R-L

1&2& Step R to R twisting heels R, Back to center, Twist both heels R, Back to center
3-&-4 Hold on 3, Twist both heels out to R, Twist back to center
5-&-6 Small step out on R as you bump hips R, L, R (take weight to R on 6)
7-&-8 Small step out on L as you bump hips, L, R, L (take weight to L on 8)

A4: Weave R Side-Behind-&-Cross & Point, Weave L Side-Behind-&-Cross & Point

12-&3 Step R out to R, Step L behind R, Step R out to R, Cross L over R
& - 4 Step R out to R, Point L toe back behind R
56-&7 Step L out to L, Step R behind L, Step L out to L, Cross R over L
& - 8 Step L out to L, Point R toe back behind L

A5: ½ Turn Sweep, L Shuffle Step, Step Sweep, L Shuffle Step

1 - 2 ½ Turn R stepping fwd on R sweeping L out, Continue sweeping L in front of R
3-&-4 Step fwd on L, Step R beside of L, Step L fwd
5 - 6 Step fwd on R as you sweep L out to L, Continue sweep till L is in front of R
7-&-8 Step fwd on L, Step R beside of L, Step L fwd

A6: R Fwd Mambo Step, L Fwd Mambo Step, Walk Back-Back, Step ½ Turn

1-&-2 Rock fwd on R, Recover back on L, Step R beside of L
3-&-4 Rock fwd on L, Recover back on R, Step L beside of R
5 - 6 Walk back R, L
7-&-8 Step back on R, ¼ Turn L stepping L out to L, ¼ Turn L stepping R fwd

A7: Step Sweep-R Shuffle Step, Step Sweep-R Shuffle Step

1 - 2 Small step fwd on L as you sweep R out, Continue sweep till R is in front of L
3-&-4 Step fwd on R, Step L beside of R, Step R fwd
5 - 6 Step fwd on L as you sweep R out to R, Continue sweep till R is in front of L
7-&-8 Step fwd on R, Step L beside of R, Step R fwd

A8: L Fwd Mambo Step, R Fwd Mambo Step, Walk Back-Back, Step ½ Turn

1-&-2 Rock fwd on L, Recover back on R, Step L beside of R
3-&-4 Rock fwd on R, Recover back on L, Step R beside of L
5 - 6 Walk back L, R

7-&-8 Step back on R, ¼ Turn R stepping R out to R, ¼ Turn R stepping L fwd

B – 32 counts

B1: Side Touch, Side Touch, Mambo Step, Step ½ Turn - Step ½ Turn

1234 Step R fwd to R diagonal, Touch L to R, Step L fwd to L diagonal, Touch R to L

5-&-6 Rock fwd on R, Recover back on L, Step back on R

7 – 8 ½ Turn L stepping fwd on L, ½ Turn L stepping back on R

B2: Back-Sweep, Sweep, Step-Lock-Step, ¼ Turn Shoulder Sways, L Hitch

1 – 2 Step back on L sweeping R out/behind L, Step back on R sweeping L out

3-&-4 Step back on L, Lock R over L, Step back on L

5 – 6 ¼ Turn R stepping out on R while pushing shoulders to R, Take weight out on L pushing shoulders to L

7 – 8 Small step out on R pushing shoulders out R, Hitch L knee up beside R Leg

B3: Back-Back, Step-Together-Step, Fwd Dip, ½ Turn L, Step ¼ Turn

1 – 2 Step back on L, Step back on R (heavy steps here)

3-&-4 Step back on L, Step R back towards L, Step back on L (small heavy steps)

5 – 6 Step fwd on R dipping body fwd, ½ Turn L straightening up and stepping L fwd

7 – 8 Step fwd on R, Pivot ¼ Turn L transferring weight to L

B4: Touch-Step, Touch-Step, Step Pivot ¼ - Step Pivot ¼

1 – 2 Touch R toe fwd/bump R hip to R, Step R back beside of L

3 – 4 Touch L toe fwd/bump L hip to L, Step L back beside of R

5 – 6 Step fwd on R, Pivot ¼ Turn L taking weight on L

7 – 8 Step fwd on R, Pivot ¼ Turn L taking weight on L

TAG: Happens after your 3RD B.....you will be facing 3 o'clock

Full Turn L Doing 4 Chug Steps on the R

1 – 4 Chug Steps, ¼ Turn each step.....turning to the L (weight ends on L @ 3 o'clock)

**RESTART: After your TAG, you only do the FIRST 32 of A and go directly into B
(Should be facing your back wall 6 o'clock)**

SEQUENCE: A, B, A, B, A, B, TAG, First 32 of A, B, A, Do 1st 16 of B end with L hitch END

HOPE YOU ENJOY IT!!!
