

No Hat 4 That!

拍數: 64

牆數: 2

級數: High Intermediate (Slow funky motion)

編舞者: Sebastiaan Holtland (NL) - July 2013

音樂: Ain't No Hat 4 That - Robin Thicke : (Album: Blurred Lines 2013)



16 count intro start dancing at (10 sec).

[1-8] Side Hold, Together, Side, Hold, 2x Jump Both Feet Apart 1/4 R.

- 1-2 Step Lt to the left, Hold. (12:00)
- &3-4 Step Rt next to Lt, step Lt to the left, Hold.
- &5-6 Turn 1/4 right (3) jump both feet apart (&5), Hold.
- &7-8 Turn 1/4 right (6) jump both feet apart (&7), Hold (ending weight onto Lt).

[9-16] Cross, 1/4 R, Back, & Back, Touch, Replace, Step, 1/4 R, Side, & Back, Small Step Fwd, Knee Pop, Replace.

- 1-2 Cross Rt over Lt, turn 1/4 right (9) step Lt Back.
- &3-4 Step Rt back, touch Lt slightly forward, step Lt back in place.
- 5-6 Step Rt forward, turn 1/4 right (12) step Lt to the left.
- &7&8 Step Rt back, step Lt slightly forward, lift both heels off the floor as you pop knees fwd, step both heels back in place ending weight onto Rt.

[17-24] Step, Side, 1/4 Sailor Turn R, Fwd Point, Back, Touch Back, Unwind 1/2 L.

- 1-2 Step Lt slightly forward, step Rt to the right.
- 3&4 Step Lt behind Rt, turn 1/4 right (3) step Rt to the right, step Lt slightly forward.
- 5-6 Point Rt forward, step Rt back.
- 7-8 Touch Lt back, turn 1/2 left (9) take weight onto Lt.

[25-32] R Dorothy Step, L Dorothy Step 1/4 L, Fwd Rock, Recover, Side Rock, Recover.

- 1,2& Step Rt diagonal fwd, Lock Lt behind Rt, step Rt diagonal fwd.
- 3,4& Turn 1/4 left (6) step Lt diagonal fwd, lock Rt behind Lt, step Lt diagonal fwd.
- 5-6 Rock Rt forward, recover on Lt.
- 7-8 Rock Rt to the right, recover on Lt. (6:00)

[33-40] Boogie Walks Fwd R-L-R, Step, Kick & Point R-L.

- 1-2 Bending knees boogie walk forward on Rt, Bending knees boogie walk forward on Lt.
- 3-4 Bending knees boogie walk forward on Rt, step Lt forward.
- 5&6 Kick Rt fwd, step Rt back in place, point Lt out to left.
- 7&8 Kick Lt fwd, step Lt back in place, point Rt out to right. (6:00)

[41-48] Fwd Rock, Recover, 1/4 R, Side Rock, Recover, 1/4 R, Back Rock, Recover, 1/2 L, Back, 1/4 L, Touch.

- 1-2 Rock Rt forward, recover on Lt.
- 3-4 Turn 1/4 right (9) rock Rt to the right, recover on Lt.
- 5-6 Turn 1/4 right (12) rock Rt back, recover on Lt.
- 7-8 Turn 1/2 left (6) step Rt back, turn 1/4 left on Rt (3) touch Lt next to Rt.

[49-56] Side, Hold, Together, Side, Hold, Together, Side Rock, Recover, Behind, Point.

- 1-2 Step Lt to the left, Hold.
- &3-4 Step Rt next to Lt, step Lt to the left, Hold.
- &5-6 Step Rt next to Lt, rock Lt to the left, recover on Rt.
- 7-8 Step Lt behind Rt, point Rt out to right.

[57-64] Cross, 1/4 R, Back, Back, Touch, Hold, Press, Recover, Sweep, Replace, R Knee Pop, Small Step Fwd.

1-2 Cross Rt over Lt, turn 1/4 right (6) step Lt back.

&3-4 Step Rt back, touch Lt slightly fwd, Hold.

5-6 Press Lt forward, recover on Rt sweep Lt from front to back.

7-8 Step Lt back in place lift R heel off the floor as you pop R knee fwd, step Rt slightly fwd weight onto Rt. (6:00)

Start again, Enjoy!

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