

Cool Cat

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Colleen Archer (AUS) - July 2013
音樂: A Cool Cat In Town (feat. Brenda Boykin) - Tape Five : (Album: Tonight Josephine)



Intro: Dance starts 32 counts from "oow" (21 secs) SP. Weight on L ***"For...Geoffrey" **

FWD, FWD, RUMBA SIDE TOG BACK, BACK, BACK, RUMBA SIDE TOG FWD

1, 2 Step R forward, Step L forward
3 & 4 Step R to right side, Step L beside R, Step R back
5, 6 Step L back, Step R back
7 & 8 Step L to left side, Step R beside L, Step L forward (12)

CHARLESTON, BUMP HIPS R L R, SIDE SHUFFLE

1, 2 Touch R toe forward, Step R back
3, 4 Touch L toe back, Step L forward
5 & 6 Step R to right side and bump hips R, L, R
7 & 8 Step L to left side, Step R beside L, Step L to left side (12) #

¼ PADDLE, ¼ PADDLE & FWD, FWD, BACK, BACK

1, 2 Step R forward, Turn ¼ left taking weight onto L
3 & 4 Step R forward, Turn ¼ left taking weight onto L, Step R forward
5, 6 Step L forward to 45° left, Step R forward to 45° right
7, 8 Step L back to centre, Step R beside L (6)

TWIST HEELS TOES HEELS TO L, REPEAT TWISTS TO R, SAILOR, COASTER

1 & 2 Twist heels to left, twist toes to left, Twist heels to left
3 & 4 Twist heels to right, twist toes to right, Twist heels to right (keep weight L)
5 & 6 Swing R around behind L, Rock step L to left side, Recover R
7 & 8 ## Step L back, Step R beside L, Step L forward (add finish) (6)

Begin again

TAG: # Wall 8, dance first 16 counts then add Tag...music slows for 12 counts...faster for 8

¼ PADDLE TWICE, CHARLESTON, FWD, FWD, BACK, BACK

1, 2 Step R forward, Turn ¼ left taking weight onto L
3, 4 Step R forward, Turn ¼ left taking weight onto L
5, 6 Touch R toe forward, Step R back
7, 8 Touch L toe back, Step L forward
9, 10 Step R forward to 45° right, Step L forward to 45° left
11, 12 Step R back to centre, Step L beside R (weight on both feet) (12)

TWIST HEELS TOES HEELS TO L, REPEAT TWISTS TO R, SAILOR, COASTER

1 & 2 Twist heels to left, Twist toes to left, Twist heels to left
3 & 4 Twist heels to right, Twist toes to right, Twist heels to right (keep weight L)
5 & 6 Swing R around behind L, Rock step L to left side, Recover R
7 & 8 Step L back, Step R beside L, Step L forward (12)

FINISH: ## Wall 11...dance first 30 counts of dance then add....

½ PIVOT, FWD, DRAG

7 & 8 Step L forward, Turn ½ right taking weight onto R, Step L forward, Drag R to L

Dance may be copied and distributed provided original steps remain unchanged.

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