

Boogie Shoes

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Tim Gauci (AUS) - July 2013
音樂: Boogie Shoes (Glee Cast Version) - Glee Cast : (iTunes - Single)



Begin on lyrics (16 beats in) Date June 2013

[1-8] SHUFFLE R SIDE, BACK, ROCK, SHUFFLE L SIDE, BACK, ROCK

1&234 Shuffle R to R side (RLR), step L back, rock weight fwd onto R 12.00
5&678 Shuffle L to L side (LRL), step R back, rock weight fwd onto L

[9-16] BOOGIE SHUFFLES RLR, LRL, BOOGIE WALKS RLRL

1&23&4 Swivel toes to R shuffle fwd RLR, swivel toes to L shuffle fwd LRL
5678 Boogie walks – stepping fwd on balls of feet in a swivel action – RLRL

Some fun!! – on the Boogie Shuffles roll hands to the R then to the L, on the Boogie Walks hands out to sides shaking fingers, bringing both hands up to shoulder height

[17-24] FWD, ROCK, ½ TURN SHUFFLE, PADDLE TURN, CROSS SHUFFLE

123&4 Step R fwd, rock weight back onto L, making ½ turn R shuffle RLR 6.00
567&8 Step L fwd, paddle ¼ R, cross shuffle L over R (LRL) 9.00

[25-32] SIDE, ROCK, BEHIND, SIDE, CROSS, SIDE, ROCK, BEHIND, SIDE, CROSS

123&4 Step R to R, rock weight onto L, step R behind L, step L to L (&), cross R over L
567&8 Step L to L, rock weight onto R, step L behind R, step R to R (&), cross L over R
32 Beats Repeat dance in new direction

Some fun!! – on the Side Rocks point R finger to up to R diagonal and L finger down to L diagonal disco style, repeat to the other side on the L rock.

To finish the dance – (on the 3.00 wall) dance the Boogie Shuffles, then 3 boogie walks to face the front, big stomp to the L – point fingers as per disco pose!

Enjoy !!

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