Inside of My Guitar

拍數: 32

級數: High Beginner

編舞者: Jennifer Jou (TW) - July 2013

音樂: Inside Of My Guitar - Tracy Huang

Introduction : 24counts (start the dance on vocals)

(1-8) Sway R, Sway L, Full Turn R, Cross, 11/4 Turn L

- Step RF to right side swaying hips right, step LF to left side swaying hips left. 1-2
- 3&4 Make 1/4 turn right stepping RF forward, make 1/2 turn right stepping LF back, make 1/4 turn right stepping RF to right side.(12:00)
- Cross LF over RF, recover on RF. 5-6
- Make 1/4 turn left stepping LF forward, make 1/2 turn left stepping RF back, make 1/2 turn 7&8 left stepping LF forward.(9:00)

(9-16) Twinkle Step * 2 (Traveling Fwd), Weave L, 1/4 Turn L, Forward, Pivot 1/2 Turn L, Forward

- Cross RF over LF, step LF beside RF, step RF in place. 1&2
- 3&4 Cross LF over RF, step RF beside LF, step LF in place.
- Cross RF over LF, step LF to left side, cross RF behind LF, make 1/4 turn left stepping LF 5&6& forward. (6:00)
- 7&8 Step RF forward, pivot 1/2 turn left weight on LF, step RF forward.(12:00)

(17-24)□Nightclub Step * 2, 1/4 Turn R, Sweep Back * 2, Coaster Step

- Step LF to left side, rock RF behind LF, recover on LF. 1 2 &
- 34& Step RF to right side, rock LF behind RF, recover on RF.
- 567 Make 1/4 turn right stepping LF back, sweep RF from front toward back and step RF behind LF, sweep LF from front toward back and step LF behind RF.(3:00)
- 8&1 Step RF back, step LF beside RF, step RF forward.

** Restart after count 24& on Wall 4.

(25-32) 1/2 Turn L, 1/2 Turn L, Coaster Step, Forward, Recover, 1/4 Turn R, Chasse

- 23 Make 1/2 turn left on ball of LF, make 1/2 turn left stepping RF back.(3:00)
- Step LF back, step RF beside LF, step LF forward. 4&5
- 67 Rock RF forward, recover on LF.
- Make 1/4 turn right stepping RF to right side, step LF beside RF, step RF to right side 8&1 swaying hips to right.(6:00)

Start Again

RESTART : On wall 4, dance to count 24&, then Restart. From the 1st wall to the 4th wall, start the dance in facing 12:00 and 6:00 by turns. On the 4th wall, restart the dance after count 24& facing 9:00. Afterwards, start the dance in facing 9:00 and 3:00 by turns.

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Last Update - 22nd Dec 2014





牆數: 4