

Feel the Heat

拍數: 64 牆數: 2 級數: Improver
編舞者: Charles & Sandra (UK) - May 2013
音樂: Wanna Dance With Somebody - Allstar Weekend : (iTunes)



(Introduction) - 24 counts - Start the Introduction 16 counts from main beat.

Side, Behind, Side, Recover, behind, 1/2, Side touch, Side touch

1 2 Step Right to Right side (1), Step Left behind (2)
3 4 Step Right to Right Side (3), Recover on Left (4)
5 6 Step Right behind Left (5), Make ½ turn Left (6)
&7&8 Step Right to Right side (&), Touch Left beside Right (7), Step Left to Left side (&), Touch Right beside Left (8)

Side, Behind, Side, Recover, behind, 1/2, Side touch, Side touch

1 2 Step Right to Right side (1), Step Left behind Right (2)
3 4 Step Right to Right Side (3), Recover On Left (4)
5 6 Step Right behind Left (5), Make ½ turn Left (6)
&7&8 Step Right to Right side (&), Touch Left beside Right (7), Step Left to Left side (&), Touch Right Beside Left (8)

Right Chasse, Rock recover, Left Chasse, rock recover

1&2 Step Right To Right Side (1), Close Left to Right (&), Step Right To Right Side (2)
3 4 Rock Left behind Right (3), Recover onto Right (4)
5&6 Step Left to Left side (5), Close Right to Left (&), Step Left to Left Side (6)
7 8 Rock Right Behind left (7), Recover onto Left (8)

DANCE

(Section 1) kick ball step, step ½ pivot, ½ ½ step, Rock recover

1&2 kick right Fwd (1), Step Right beside Left (&), Step Left Fwd (2)
3 4 Step Right fwd (3), ½ pivot Left (weight on Left) (4) 6:00
5&6 Make ½ turn Left stepping back on Right (5), ½ to left stepping fwd on left (&), Step fwd on right (6)
7 8 Rock Fwd onto Left (7), Recover onto Right (8) Make 1/2 turn to Left stepping back on Right, 1/2 turn to Left stepping forward on Left, step forward on Right

(Section 2) Back, ¼, Recover, cross, touch, step, touch step

1 2 Step left foot Back (1), Make ¼ turn Right rocking out to side(2) 9:00
3 4 Recover onto Left Foot (3), Cross Right over Left (4)
5 6 Touch Left toe beside right instep (5), Place Left foot into Right instep angling body to 7:00 (6)
7 8 Touch Right toe beside Left instep (7), Place Right foot into Left instep still angling body to 7:00 (8)

(Section 3) Step, Hitch, ½ Toe Turn, ½ ½, side 1/8, cross shuffle

1 2 Step left Fwd into diagonal (1), Hitch Right Knee (2) 7:00
3 4 Point Right Toe Back (3), Make ½ turn Right replacing weight onto Right Foot (4) (Toe Turn) 1:00
5&6 Make ½ turn right stepping back on left (5), ½ to Right stepping Fwd on Left (&), 1/8 right stepping Left to left side (6) 3:00
7&8 Cross Right over Left (7), Step Left To Left (&), Cross Right over Left (8)

(Section 4) Point, point, point, Touch, Touch, Step, Cross back cross

1 2 Point Left toe to left side (1), Step together as Right toe points to Right side (2) (pendulum)

- 3 4 Step Right together as Left toe points to left Side (3) (pendulum), Touch Left toe Fwd (4)
- 5 6 Touch Left Toe to Left side (5), Step Left back (6)
- 7&8 Cross Right foot in front of left (7), Step Left Foot Back (&), Tap Right toe In front of Left (8)

(Section 5) Side, behind, 1/4 step, side, hold, together Cross, side dip. Recover, together side

- 1 2 Step To Right Side (1), Step Left Behind Right (2)
- &3 4 Make ¼ turn Right stepping Right Forward (&), Step Left to Left (3), Hold (4) 6:00
- &5 6 Close Right beside Left, (&) Cross Left over Right (5), Step Right to right as you bend Knee (6) (Dip)
- 7&8 Straighten up, (7) Close Right to Left, (&) Step Left To left Side (8)

(Section 6) Dwight swivels, step touch, back touch, side touch, Side

- 1 2 Swivel Left heel Right touching Right toe beside Left foot (1) Swivel Left toe Right touching Right heel beside Left foot (2)
- 3 4 Swivel Left heel Right touching Right toe beside Left foot (3), Step Right To Right Side (4)
- &5 Step Left Foot diagonally Forward (&), Touch Right beside Left (5) 5:00
- &6 Step back on right foot (&), Touch Left beside Right (6) (still on diagonal)
- &7 8 make 1/8 turn Left stepping Left To left Side (&), Touch Right Beside Left (7) step Right (8) 6:00

(Section 7) step slide, step slide, Slide, toe turn, slide step step

- 1 2 Touch Left foot Fwd (1), Drag Left Back to Right changing weight to Left as you pop Right knee (2)
- 3 4 Touch Right foot Fwd (3), Drag Right Back to Left changing weight to Right as you pop Left knee (4)
- 5 6 Slide Left toe back (5), Make ½ turn Left keeping weight on Left (toe Turn) (6) 12:00 &7 8 Slide Right to Left (&), Step fwd Left (7), Step Right Forward (8)

(Section 8) Rock recover, 1/2 toe turn, cross back side touch

- 1 2 Rock Left foot Fwd, (1) recover on Right (2)
- &3 4 Close Left next to Right (&) point Right Toe Back (3) Make ½ turn Right (4) Weight on Right 6:00
- 5 6 Cross Left over Right (5) step Right foot Back (6)
- 7 8 Step Left To left Side (7) Touch Right beside Left (8)

Choreographers notes:

Section 1: Counts 5&6 can be replaced with a right shuffle forward for dancers that have problems with turns.

Section 3: Counts 5&6 can be replaced with a walk forward on left and right and then straightening up to the 3 o'clock wall stepping left to left side.

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