

Volare

COPPERKNOB
STEPSHETS

拍數: 48 牆數: 4 級數: Beginner
編舞者: Roly Ansano (USA) - July 2013
音樂: Volare - David Bowie : (From Movie: Absolute Beginners)



Intro: 16 counts

[1-8] CROSS-POINT (2X), FORWARD ROCK, BACK, HOLD

1-2 Cross R over L, touch L to side
3-4 Cross L over R, touch R to side
5-6 Rock R forward, recover to L
7-8 Step R back, hold

[9 16] BACK ROCK, FORWARD, TOUCH, CROSS-POINT (2X)

1-2 Rock L back, recover to R
3-4 Step L forward, touch R to side
5-6 Cross R over L, touch L to side
7-8 Cross L over R, touch R to side

[17-24] SIDE-CLOSE-TURN-TOUCH, HIP SWAYS, FLICK

1-2 Step R to side, step L together
3-4 Step R to side and turn 1/4 right, touch L together
5-8 Step L to side and sway hips left-right-left, flick R back

[25-32] HIP SWAYS, SCUFF, STEP-TURN, STEP, TOUCH

1-4 Step R to side and sway hips right-left-right, brush L forward
5-6 Step L forward, pivot 1/2 right
7-8 Step L forward, touch R to side

[33-40] MODIFIED JAZZ BOX STEPS (2x)

1-2 Cross R over L, step L side
3-4 Step R back, touch L to side
5-6 Cross L over R, step R side
7-8 Step L back touch R to side

[41-48] ANGLED HIP BUMPS

1-4 Step R back diagonally and bump hips right, left, right; hold
5-8 Step L back diagonally and bump hips left, right, left; hold

REPEAT

ENDING: On wall 9 after count 32 facing 9 o'clock, turn 1/4 right and pose.

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