

San Francisco Bay Blues

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Maria Tao (USA) - July 2013
音樂: San Francisco Bay Blues (Live Unplugged) - Paul McCartney



Intro: 32 counts (No tags; No restarts)

[S1] R SIDE, BEHIND, SIDE, SCUFF, L SIDE, BEHIND, ¼ TURN L, SCUFF

1-4 Step right to right, step left behind right, step right to right, scuff left next to right
5-8 Step left to left, step right behind left, ¼ turn L stepping left forward, scuff right forward [9:00]

[S2] R STEP FWD, TAP, BACK, KICK, COASTER STEP, HOLD

1-4 Step right forward, tap left toe behind right, step left back, kick right forward
5-8 Step right back, step left next to right, step right forward, hold

[S3] L STEP FWD, PIVOT ¼ TURN R, CROSS, HOLD, MONTEREY ½ TURN R, FLICK

1-4 Step left forward, pivot ¼ turn R, cross left over right, hold [12:00]
5-6 Point right to right, ½ turn R stepping right next to left
7-8 Point left to left, flick left behind right [6:00]

[S4] SCISSOR STEP, HOLD, R SIDE TOE STRUT, L CROSS TOE STRUT

1-4 Step left to left, step right beside left, cross left over right, hold
5-6 Step right toe to right, drop right heel to floor
7-8 Cross step left toe over right, drop left heel to floor

[S5] R SIDE ROCK, RECOVER, R CROSS HEEL GRIND (x2), CROSS, KICK

1-2 Rock right to right, recover onto left
3-6 Cross right over left grinding right heel, small step left to left, cross right over left grinding right heel, small step left to left
7-8 Cross step right over left, kick left forward to left diagonal

[S6] BEHIND, SIDE, L CROSS HEEL GRIND (x2), CROSS, KICK

1-2 Step left behind right, step right to right
3-6 Cross left over right grinding left heel, small step right to right, cross left over right grinding left heel, small step right to right
7-8 Cross step left over right, kick right forward to right diagonal

[S7] BEHIND, ¼ TURN L, STEP R FWD, HOLD, L MAMBO STEP, HOOK

1-4 Step right behind left, ¼ turn L stepping left forward, step right forward, hold [3:00]
5-8 Rock left forward, recover onto right, step left back, hook right over left

[S8] R LOCK STEP FWD, L LOCK STEP FWD, STOMP, HITCH

1-3 Step right forward, lock left behind right, step right forward
4-6 Step left forward, lock right behind left, step left forward
7-8 Stomp right next to left, hitch right knee [3:00]

START AGAIN

**ENDING: Last rotation starts facing 6:00 – dance up to count 32 – add the following steps:
Rock R to R, recover onto L, R cross toe strut, L back toe strut, touch R beside L**

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