

The Gimmese Boogie

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Francien Sittrop (NL) - July 2013
音樂: Can't Let Go - Jill King : (Album: Somebody New)



Intro: Start after 48 Counts

[1 – 8] Vine R with Scuff, Vine Left ¼ Turn L , Scuff

1 – 4 Step R to R side, Step L behind R, Step R to R side. Scuff L fwd
5 – 8 Step L to L side, Step R behind L, ¼ L Step L fwd, Scuff R fwd (09.00)

[9-16] Rocking Chair, Step fwd , ¼ Turn L, Cross Toe strut

1 – 4 Rock R fwd, Recover on L, Rock R back, Recover on L
5 – 6 Step R fwd, Pivot ¼ Turn L (06.00)
7 – 8 Step R across L on toes, Put R heel down (Toe strut)

[17-24] Kicks fwd x2, Toe strut back, Rock back, Recover, Step fwd, Together

1 – 2 Kick L fwd x2
3 – 4 Step L back on toes, Put L heel down (Toestrut)
5 – 6 Rock R back, Recover on L
7 – 8 Step R fwd, Step L next to R

[25-32] Heel Toe swivels , Clap x2

1 - 4 Swivel Both heels L, Both toes L, both Heels L, Clap Hands
5 – 8 Swivel Both Heels R, Both Toes R, Both Heels R, Clap Hands (Weight ends on L)

[33-40] Toe Struts fwd x2, Step fwd, ½ Turn L, Step fwd, Hold

1 – 2 Step R fwd, Put R heels down
3 – 4 Step L fwd, Put L heels down
5 – 8 Step R fwd, Pivot ½ Turn L , Step R fwd, Hold (12.00)

[41-48] Triple Turn R, Hold, Rocking Chair

1 – 4 ½ turn R step L back, ½ Turn R step R fwd, Step L fwd, Hold or Scuff
5 – 8 Rock R fwd, Recover on L, Rock R back, Recover on L

[49-56] Jazzbox with Toe struts ¼ Turn R

1 – 8 Step R across L ,Put R heels down , Step L back, Put L heels down , ¼ turn R step R to R side, Put R heel down, Zet hak neer, Step L fwd, Put L heel down (03.00)

[57-64] Both Heels fwd, Step back, R Toe swivels

1 – 2 Step on R heels fwd, Step L Heel next to R
3 – 4 Step R back, Step L next to R
5 – 8 Swivel R toes R,L,R,L (Weight ends on L)

Start again

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