

# Lonely Roads

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Easy Intermediate  
編舞者: Francien Sittrop (NL) - June 2013  
音樂: Lonely - Craig Moritz : (Album: The Way I Feel)



## Intro: After 16 Counts on Vocals

### [1 – 8] Rolling Vine R , Touch, 2x ¼ Turn L , Rock , Recover

1 – 4      ¼ Turn R step R fwd, ½ Turn R step L back, ¼ Turn R step R to R side , Point L to L side  
5 – 6      ¼ Turn L step L fwd, ¼ Turn L step R to R side (06.00)  
7 – 8      Rock L back, Recover on R

### [9-16] Step fwd , ¼ Turn R x2, Jazz Box

1 – 2      Step L fwd, ¼ Turn R recover on R  
3 – 4      Step L fwd, ¼ Turn R recover on R (12.00)  
5 – 8      Step L across R, Step R back, Step L to L side, Step R fwd

### [17-24] Step fwd , Scuff x2. Step fwd , Step fwd, Pivot ½ R, Full Turn R

1 – 2      Step L fwd, Scuff R fwd  
3 – 4      Step R fwd, Scuff L fwd  
5 – 6      Step L fwd, Pivot ½ Turn R (06.00)  
7 – 8      ½ Turn R step L Back, ½ Turn R step R fwd

### [25-32] Rocking Chair, Step fwd, Scuff, Touch Ball Step

1 – 2      Rock L fwd, Recover on R  
3 – 4      Rock L fwd, Recover on R  
5 – 6      Step L fwd, Scuff R fwd  
7 & 8      Touch R next to L, Step R down, Step L fwd

### [33-40] Step fwd, ¼ Turn L, Crossing Shuffle, Side Drag & Cross Side

1 – 2      Step R fwd, ¼ Turn L (03.00)  
3 & 4      Step R across L, Step L to L side, Step R across L  
5 – 6      Step L big step to L, Drag R to L  
&7-8      Step R next to L , Step L across R, Step R to R side

### [41-48] Behind, Side, Crossing Shuffle, Heel Grind ¼ R, Recover, Coasterstep

1 – 2      Step L behind R, Step R to R side  
3 & 4      Step L across R, Step R to R side, Step L across R  
5 – 6      Make a ¼ Turn R on R Heel, Recover on L (06.00)  
7 & 8      Step R back, Step L next to R, Step R fwd

### [49-56] Rock Recover, Shuffle ½ L, Step fwd, ¼ Turn L, Shuffle fwd

1 – 2      Rock L fwd, Recover on R  
3 & 4      ¼ Turn L step L to L side, Step R next to L, ¼ Turn L step L fwd (12.00)  
5 – 6      Step R fwd, ¼ Turn L (09.00)  
7 & 8      Step R fwd, Step L next to R, Step R fwd

### [57-64] Rock fwd Recover, Full Turn L, Coaster step, Hipsways R,L

1 – 2      Rock L fwd, Recover on R  
3 – 4      ½ Turn L step L fwd, ½ Turn L step R Back (option: 2 walks back L,R)  
5 & 6      Step L back, Step R next to L, Step L fwd  
7 – 8      Step R to R side and sway hips R, Sway Hips L (09.00)

**Start Again**

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