

Girls, I Feel So Lonely!

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver - Rumba motion
編舞者: Sebastiaan Holtland (NL) - July 2013
音樂: In the Still of the Night - Jack Jersey : (iTunes)



24 count intro, start dancing at after "In The Still Of The Night"(13 sec).

Part I: [1-8] Hip Sway L, Hip Sway R, ¼ L Recover, ¼ Sweep Turn L, Cross, Side, Cross, Hold.

1-2 Step Lt to the left sway L hip to left, sway R hip to right. (12:00)
3-4 Turn ¼ left (9) recover on Lt, sweep Rt ¼ left (6) from back to front.
5-7 Cross Rt over Lt, step Lt slightly to left, cross Rt over Lt.
8 Hold.

Part II: [9-16] 1/4 R, Rumba Rock Back, Recover, ¼ R, Back, Hold, Step, Side, Back, Brush Back.

1-2 Turn ¼ right (9) rock Lt back, recover on Rt.
3-4 Turn ¼ right (12) step Lt back, Hold.
5-6 Step Rt slightly forward, step Lt to the left.
7-8 Step Rt slightly back, brush Lf slightly diagonal back weight onto Rt. (12:00)

Part III: [17-24] Cross, Side, Behind, Sweep, Behind, ¼ L, Step, Side, Hold.

1-2 Cross Lt over Rt, step Rt to the right.
3-4 Step Lt behind Rt, sweep Rt from front to back.
5-6 Step Rt behind Lt, turn ¼ left (9) step Lt slightly forward.
7-8 Step Rt to the right, Hold.

Part IV: [25-32] Side, Together, ¼ L, Step, ¼ L, Knee Lift, Lock Step Fwd, Hold.

1-2 Step Lt to the left, step Rt next to Lt. (**)
3-4 Turn ¼ left (6) step Lt slightly forward, turn ¼ left (3) lift R knee up.
5-7 Step Rt forward, lock Lt behind Rt, step Rt forward.
8 Hold. (3:00)

(**) Restart here: WALL 5 after 26 count (facing 12 o'clock) (weight change) after, start again (facing 9 o'clock).

Start again and have fun!

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