

Say It !

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Parkin Sue - June 2013
音樂: Say That You Love Me by Rodney Crowell



Info : Intro 32 counts

HEEL, SWIVEL, RECOVER R, L

- 1 RF put heel down, toe inward
- 2 turn toe to right
- 3 turn toe to center
- 4 RF close next to LF
- 5 LF put heel down, toe inward
- 6 turn toe to left
- 7 turn toe to center
- 8 LF close next to RF

ROCKING CHAIR, STEP LOCK STEP, HOLD

- 1 RF rock forward
- 2 LF recover
- 3 RF rock backward
- 4 LF recover
- 5 RF step forward
- 6 LF lock behind RF
- 7 RF step forward
- 8 hold

¼ TURN CROSS, HOLD, TOE STRUT, CROSS TOE STRUT

- 1 LF step forward
- 2 RF ¼ turn right, step to right
- 3 LF cross over RF
- 4 hold
- 5 RF touch toe to right
- 6 RF put heel down
- 7 LF touch toe cross over RF
- 8 LF put heel down

SIDE & CROSS, HOLD, WEAVE

- 1 RF rock to right
- 2 LF recover
- 3 RF cross over LF
- 4 hold
- 5 LF step to left
- 6 RF cross behind LF
- 7 LF step to left
- 8 RF cross over LF

¼ TURN R STEP FWD, HOLD, STEP LOCK STEP, HOLD

- 1 LF step to left
- 2 RF ¼ turn right, step forward
- 3 LF step forward
- 4 hold

- 5 RF step forward
- 6 LF lock behind RF
- 7 RF step forward
- 8 hold

STEP LOCK STEP, HOLD, ROCK, RECOVER, TOE STRUT

- 1 LF step forward
- 2 RF lock behind LF
- 3 LF step forward
- 4 hold
- 5 RF rock forward
- 6 LF recover
- 7 RF touch toe backward
- 8 RF put heel down

TOE STRUT, TOE STRUT, SLOW COASTER STEP, HOLD

- 1 LF touch toe backward
- 2 LF put heel down
- 3 RF touch toe backward
- 4 RF put heel down
- 5 LF step backward
- 6 RF step next to LF
- 7 LF step forward
- 8 hold

¼ TURN L, ½ TURN L, ¼ TURN L, STOMP, STOMP

- 1 RF step on toe
- 2 R+L ¼ turn left
- 3 RF step on toe
- 4 R+L ½ turn left
- 5 RF step on toe
- 6 R+L ¼ turn left
- 7 RF stomp next to LF
- 8 LF stomp next to RF

Start again

Ending: Dance the first 3 blocks

Add:

- 1 RF rock to right
- 2 LF ¼ turn left, step forward
- 3 RF close next to LF

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