Lies

拍數: 64   牆數: 4   級數: Improver

編舞者: Manu De Meyer (BEL) - June 2013

音樂: Lies - The Mavericks

Section 1: Jazz Box, Cross, side, by, chassée R
1-4   cross RF over LF, put LF back, put RF beside, cross LF over RF
5-6   put RF to R, put LF beside RF
7&8   put RF to R, put LF beside RF, put RF to R

Section 2: Jazz Box, Cross, side, by, chassée L ¼ L
1-4   cross LF over RF, put RF back, put LF beside, cross RF over LF
5-6   put LF to L, put RF beside LF
7&8   put LF to L, put RF beside LF, put LF to L with ¼ turn L (09:00)

Section 3: Rock step, triple step ½ turn R, Rock step, coaster step
1-2   put RF in front, recover on LF
3&4   1/4 turn R put RF to side, put LF beside RF, 1/4 turn R put RF beside (03:00)
5-6   put LF in front, recover on RF
7&8   put LF back, put RF back, put LF in front

Section 4: 2X Toe strut, ½ turn L, Hook, L shuffle fwd
1-4   put R tip to front, put R heel down, put L tip to front, put L heel down
5-6   ½ turn L & put RF back, hook LF over RF (09:00)
7&8   put LF in front, put RF beside LF, put LF in front

Section 5: Step ¼ L, cross, hold, side rock, cross, hold
1-4   put RF in front, 1/4 turn L (weight on LF), cross RF over LF, hold (06:00)
5-8   put LF to side, recover on RF, cross LF over RF, hold

Section 6: Step, ½ turn L, step, clap, step, ½ turn R, step, clap
1-4   put RF in front, ½ turn L, put RF in front, clap your hands (12:00)
5-8   put LF in front, ½ turn R, put LF in front, clap your hands (06:00)
Restart in wall 4

Section 7: walk, walk, kick, brush back, ¼ R side, by, chassée R
1-4   put RF in front, put LF in front, kick RF to front, brush RF back
5-6   ¼ turn R and put RF to side, put LF beside RF (09:00)
7-8   put RF to R, put LF beside RF, put RF to R

Section 8: cross point, ½ turn R, cross shuffle to R, side rock, cross, side
1-2   cross tip LF over RF, ½ turn R (weight on RF) (03:00)
3&4   cross LF over RF, put LF behind RF, cross LF over RF
5-8   put RF to side, recover on LF, cross RF over LF, put LF to L

Ending: dance will end with Section 2 (12:00)

Have fun

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