

# So Excited

拍數: 64      牆數: 2      級數: Improver  
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音樂: So Excited - Lou Bega : (amazon.de)



Intro: Start on vocals.

## S1 - Point, touch, point, kick, behind, side, cross, hold

1-4            Point r to r side, Touch r beside l, Point r to r side, Kick r diagonally forward  
5-8            Cross r behind l, Step l to l side, Cross r over l, hold

## S2 - Point, touch, point, kick, behind side, 1/4 turn r, hold

1-4            Point l to l side, Touch l beside r, Point l to l side, Kick l diagonally forward  
5-8            Cross l behind r, Step r to r side, 1/4 turn r stepping l forward, hold (3.00)

## S3 - Slow mambo fwd, back, lock, back, hold

1-4            Step r forward, Recover on l, Step r beside l, hold  
5-8            Step l back, Lock r in front of l, Step l back, hold

## S4 - Back rock, recover, stomp beside, hold, touch forward, point, stomp beside, hold

1-4            Step r back, Recover on l, Stomp r beside l, hold  
5-8            Touch r toe forward, Point r toe to r side, Stomp r beside l, hold

## S5 - Side, behind, 1/4 turn r forward, hold, step, 1/2 turn r, step, hold

1-4            Step r to r side, Cross l behind r, 1/4 turn r stepping r forward, hold  
5-8            Step l forward, 1/2 turn r on both balls, Step l forward, hold (6.00)

(RESTART here during wall 7, facing 12 o'clock!)

## S6 - Full turn l, step, hold, rock forward, recover, back, together

1-4            Full turn left on two step (r-l), Step r forward, hold (12.00)  
5-8            Step l forward, Recover on r, Step l back, Step r beside l

## S7 - Heel swivels + go down/up knees

1-2            Swivel both heels to r side, hold  
3-4            Swivel both heels to l side, hold  
5              Swivel both heels to r side & go a little bit down your knees  
6              Swivel both heels to l side & go a little more down your knees  
7              Swivel both heels to r side & go up from knee  
8              Swivel both heels back to centre & go up in the normal position

## S8 - Kick, 1/8 turn l r+l+r+l

1-2            Kick r forward, 1/8 turn l stepping r beside l  
3-4            Kick l forward, 1/8 turn l stepping l beside r  
5-8            Repeat 1-4

Repeat & Enjoy! :)

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