

Drinks For You

COPPERKNOB
STEP SHEETS

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Daniel Trepát (NL) & Ruben Luna (USA) - June 2013
音樂: Drinks for You (Ladies Anthem) (feat. J. Lo) - Pitbull



Intro: 32 counts from first beat in music (app. 15 secs into track)
Sequences: A - B - B16 - A - A16 - B - B - A - A - TAG - B - B - B

Footwork Part A (funky)

[1 – 8] Step side, rockstep, step side, rock ¼ turn R recover, ¼ turn R hitch, zigzag hip bump

1 - 2& Step R to R side (1), Rock L back (2), Recover on R (&) 12:00
3 - 4& Step L to L side (3), Rock R back (4), Recover on L (&) 12:00
5 – 6 ¼ turn R stepping R fwd (5), ¼ turn R hitching L knee with L hip bump up (6) 6:00
7 – 8 Step L to L side and hip to R side (7), bump hip to L side weight on LF (8) 6:00

[9 – 16] Ball cross, ¼ turn R step, ¼ turn R scuff hitch step, syncopated heel swivel

&1 – 2 Step on ball of R next to L (&), Cross L over R (1), ¼ turn R stepping R fwd (2) 9:00
3&4 Scuff L fwd (3), Hitch L (&), ¼ turn R Stepping L to L side (4) 12:00
5 – 6 Both Heels out (5), Both heels in (6) 12:00
7&8 Both Heels out (7), Both heels in (&), L heel slightly out while kicking the R to R diagonal (8)
12:00

Restart In the 5th wall start again

[17 – 24] 1/8 turn R walk R L, syncopated ¾ turn L, ¼ turn L walk L R, 1/8 turn R step out, swing body & head to L

1 – 2 1/8 turn step R fwd (in diagonal) (1), Step L fwd (2) 1:30
3&4 ¼ turn L stepping R to R side (3), ¼ turn L crossing L over R (&), ¼ turn L stepping R to R side (4) 4:30
5 – 6 ¼ turn L stepping L fwd (5), Step R fwd (6) 1:30
7 – 8 1/8 turn R stepping L to L side (7), Swing upper body and head ¼ turn L (feet remain to 3:00) (8) 12:00

[25 – 32] Platform turn R, side, cross, diagonal, side, cross, ¼ turn R scissor step

1 – 2 ¼ Turn R stepping R fwd (1), ¾ turn R stepping L next to R (2) 3:00
3&4 Step R to R side (3), Cross L over R (&), Step R diagonal R back (4) 3:00
5 – 6 Step L to L side (5), Cross R over L (6) 3:00
7&8 Step L to L side (7), ¼ turn R stepping R next to L (&), Step L fwd (8) 6:00

Footwork Part B (Cha Cha)

[1 – 9] Side, hold, ball cross, side chacha, cross, ¼ turn R, coaster step

1 – 2&3 Step R to R side (1), hold (2), Step L on ball next to R (&), Cross R over L (3) 12:00
4&5 Step L to L side (4), Step R next to L (&), Step L to L side (5) 12:00
6 – 7 Cross R over L (6), ¼ turn R stepping L back (7) 3:00
8&1 Step R back (8), Step L next to R (&), Step R fwd (1) 3:00

[10 – 17] Walk L R, chacha fwd, rockstep, ½ turn R step & lock

2 – 3 Step L fwd (2), Step R fwd (3) 3:00
4&5 Step L fwd (4), Lock R behind L (&), Step L fwd (5) 3:00
6 – 7 Rock R fwd (6), Recover on L (7) 3:00
8&1 ½ turn stepping R fwd (8), Step L fwd (&) Lock R behind L (1) 9:00

Restart In 3rd wall. After rockstep on 6 – 7, change count 8 to ¼ turn R hitching R (finish facing 6.00)

[18 – 24] Full turn unwind R, sweep, sailor step, hold, side, hold, side,

2 – 3 Unwind full turn R (2), Sweep R from front to back (3) 9:00
4&5 Cross R behind L (4), Step L slightly to L side (&), Step R to R side 9:00
6&7 – 8&1 Hold (6), Step L next tot R (&), Step R to R side (7) Hold (8), Step L next tot R (&), Step R to R side (1) 9:00

[25 – 32] ¼ turn R, rock step, 1 ½ tripple turn L, rock step 2x

2 – 3 ¼ turn R rocking L fwd (2), Recover on R (3) 12:00
4&5 ½ turn L stepping L fwd (4), ½ turn L stepping R next to L (&), Step L fwd (5) 6:00
6 – 7 Rock R fwd (6), Recover on L (7) 6:00
8& Rock R back (8), Recover on L (&) 6:00

Begin again!

Tag: Modified Macarena or Tut Section - 16 counts [6:00]

1-4 Extend R arm fwd palm down, Extend L arm fwd palm down, turn R palm up, turn L palm up
5-8 R hand to L shoulder, Cross L arm over R arm L hand R shoulder R hand R hip, L hand L Hip
1-8 Repeat 8 counts this section
