

Pick Tea Line Dance

拍數: 32 牆數: 1 級數: Intermediate
編舞者: Unknown - June 2013
音樂: Green tea - Feng Fei Fei



Modified by: Irene Cheuk (from Chinese Folk Dance)

Sequence: (Tag a) > 4 rounds main dance > (Tag b) > 4 rounds main dance > (Tag c).

Tag (a): (Pre dance)

Bar #1) With knees little bending, Lh stretch to L., Rh bent at chin – make Full turn R in syncopated steps.

1& Step R (on ball) to side for 1/4R / Recover L /
2& Step R (on ball) to side for 1/8R / Recover L /
3& 4& 5& 6& a re repeats of 2&.
7,8 Step R for further 1/8R / Hold.

Bar #2) With knees little bending, Rh stretch to R., Lh at chin – make full turn L in syncopated steps.

1& Step L (on ball) to side for 1/4L / Recover R /
2& Step L (on ball) to side for 1/8L / Recover R /
3& 4& 5& 6& a re repeats of 2&.
7,8 Step L for further 1/8L / Hold.

Main Dance:

Bar #1) (Side Touch) x4 (Hands: pretend picking tea leaves at R. side & L. side)

1,2,3,4 Step R to side / Touch L / Step L to side / Touch R / (low level picking)
5,6,7,8 Step R to side / Touch L / Step L to side / Touch R / (mid level picking)

Bar #2) (Rocking Chair) x2 (Rh pick tea at front & put in imaginary container at L. waist)

1,2,3,4 Step R forward / Recover L / Step R Back / Recover L /
5,6,7,8 Step R forward / Recover L / Step R Back / Recover L /

Bar #3) Rounds 1,3,5,7 apply series (A), rounds 2,4,6 ,8 apply series (B).

Series (A) Run Run Run Flick

1,2,3,4 Step R to side / Step L close / Step R to side / Flick L (Rh pick tea towards right)
5,6,7,8 Step L to side / Step R close / Step L to side / Flick R (Rh pick tea towards left)

Series (B) Shakes towards R. then L., (Hands pretend wiping sweat off your eyebrows.)

1,2,3,4 Weight on R., shake body towards right for 4 counts: (Rh wipes)
5,6,7,8 Weight on L., shake body towards right for 4 counts: (Lh wipes)

Bar #4) Full turn rolling vine in 4 steps (putting up Rh), then Sway(+hit) Hold , Sway(+hit) Hold.

1,2,3,4 Step R to side for 1/4R / Step L at side of R for 1/4R / Step R. to side for 1/4R /
Recover L for final 1/4R.
5,6 Wgt. on L, lower body posture and hit left shoulder with Rh / Hold /
7,8 Repeating 5,6. (As if to relief shoulder soreness)

Tag b):

Bar #1) Basic cha-cha steps: Forward and back locks with shuffles.

1,2, 3&4 Step R forward / Recover L / Step R back / Step L close / Step R back
5,6,7&8 Step L back / Recover R / Step L forward / Step R close / Step L forward.

Bar #2) Full turn L with 4 Paddle Turns (Raising Rh).

1,2 Paddle R and Turn L for 1/4L

3,4, 5,6, 7,8 . are repeats of 1,2.

Tag c) Ending: Mirroring last 4 counts of main dance, then do a post.

1,2 Shift weight to R., lower body posture, hit left shoulder with Rh / Hold

3,4 Repeating 1,2.

5,6,7,8 Change wgt to L., touch R. forward, and raise Rh for a nice post.

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