

# Hey Ho

拍數: 32      牆數: 4      級數: Improver  
編舞者: Aiden Fryer (UK) - July 2013  
音樂: Ho Hey - The Lumineers



**Start dance Start on vocal. 16 counts**

## **HEEL AND HEEL AND HEEL HOOK HEEL TOUCH, SIDE BEHIND, SIDE CROSS, STEP ¼ STEP TOUCH**

1&2&      Right heel, together, left heel together  
3&4&      Right heel forward, hook right above left knee, step down on right foot, touch right next to left  
5&6&      Step right to right side, left behind, right side, cross left over right  
7&8&      Rock right to right side, make ¼ to right stepping left foot forward, step on right foot, touch left next to right.

## **SIDE TOUCH SIDE, COASTER STEP, STEP FORWARD TOUCH, BACK TOUCH, BACK HOOK**

1&2      Step left to left side, touch right next to left, step right to right side  
3&4      Left coaster step, stepping back on left, bring right next to left, step left forward  
5&6&      Step right forward, touch left next right, Step left behind, touch right next to left,  
7&      step right behind left and hook left above right knee

## **LEFT SHUFFLE STEP, STEP ½ STEP, ½ ¼ RHUMBA BOX.**

8& 1      Left shuffle forward, stepping left forward, bring right to left, step left forward.  
2&3      Step Right forward forward, make ½ over left shoulder, step on left, step on right  
4      Make ¼ stepping on left foot over right shoulder  
5&6      Make ¼ turn over right shoulder, stepping on right foot, into a side together, forward, bring left foot to right, stepping on right foot forward.  
7&8      Side together back, stepping left to left side, right next to left, stepping back on left foot.

## **RIGHT FORWARD ROCK, SWEEP INTO SAILOR ½, ROCK FORWARD RECOVER, BEHIND ¼ TURN RIGHT**

1-2      Rock forward on right recover on left  
3&4      Sweep right foot into a ½ over right shoulder, stepping right left right  
5-6      Rock forward left, stepping back on right  
7&8      Stepping back on left, make ¼ right stepping on right, stepping on left.

**Restart on 1st wall after counts 28**

**Wall 2 after 24 counts**

**Wall 3 Dance up to 10 counts, then dance last 8 counts of the dance, repeat the last 6 counts of the dance and change counts 7-8 to a LEFT COASTER STEP and RESTART.**

**END OF DANCE**

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