Hold on Tight

拍數: 64

級數: Intermediate

編舞者: Margaret Swift (UK) - March 2013

音樂: Hold On Tight - Electric Light Orchestra : (Album: Time)

Intro: 16 Counts. (When main bet kicks in)

Section 1: Toe Struts. Chasses Right. Rock Back Recover.

- Touch right toe to right side. Drop Right Heel. 1 - 2
- 3 4 Touch left toe over right. Drop left heel.
- 5 & 6 Step right to right side. Step left next to right. Step right to right side.
- 7 8 Rock back on left. Recover on right.

Section 2: Toe Struts. Chasse Left. Rock Back Recover.

- 1 2 Touch left toe to left side. Drop left heel.
- 3 4 Touch right toe over left. Drop right heel.
- 5 & 6 Step left to left side. Step right next to left. Step left to left side.
- 7 8 Rock back on right Recover on left.

Section 3: Rocking Chair. Cross Point X2.

- 1 2Rock forward on right. Recover on left.
- 3 4 Rock back on left. Recover on right.
- 5 6Cross right over left. Point left to left side.
- 7 8 Cross left over right. Point right to right side.

Section 4: Jazz Box ¼ Right Cross. Weave Right.

- 1 2 Cross right over left. Step back on left.
- 3 4 Turn 1/4 right. Cross left over right.
- 5 6Step right to right side. Cross left behind right.
- 7 8 Step right to right side. Cross left over right.

Section 5: Step Touch X2. Step. Full Turn Right.

- 1 2Step right to right side. Touch left next to right.
- 3 4Step left to left side. Touch right next to left.
- 5 6 Step forward on right. Turn 1/2 right stepping back on left.
- 7 8 Turn ¹/₂ to right stepping forward on right. Scuff left forward.
- Wall 3. Restart! See Note

Section 6: Cross Step Back. Turn ½ left. Step Brush. Tap. Heel, Heel.

- 1 2Cross left over right. Step back on right.
- 3 4 Turn ¹/₂ left stepping forward on left. Step forward on right.
- 5 6Brush left forward. Touch left toe down.

Wall 5. Restart! See note

7 – 8 Tap left heel twice.

Section 7: Turn ¼, Step Back, Shuffle Back, Rock Back Recover, Shuffle Forward

- 1 2 Turn ¹/₄ left stepping back on right. Step back on left.
- 3 & 4 Step back on right. Close left next to right. Step back on right.
- 5 6Rock back on left. Recover on right.
- 7 & 8 Step forward on left. Close right next to left. Step forward on left.

Section 8: Right Jazz box. Brush. Left Jazz Box

1 – 2 Cross right over left. Step back on left.





牆數:4

- 3 4 Step right to right side. Brush left forward.
- 5 6 Cross left over right. Step back on right.
- 7 8 Step left to left side. Touch right next to left.

Tag: - At the end of wall.1, 2 & 4 add the following 4 counts

- 1 2 Step forward on right. Close left next to right
- 3 4 Bounce both heels twice

Restart Information

Wall 3. Sec 5. Replace. Step 8. Scuff left forward. with. 8. Step left in place. Restart. Wall 5. Sec 6 Replace. Step 6. Touch left toe down. with. 6. Step left in place. Restart.

** A big thank you to my niece Imogen for suggesting the music. **

Contact: tony@texasrose.co.uk