

All Right On Sunday

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner Contra (zipper position)
編舞者: Maxwell (DE) - June 2013
音樂: Except for Monday - Lorrie Morgan : (Album: Something In Red)



Dance Starts after 32 Counts

Rumba Box

1 -- 2 Step left foot to left - Step right foot next to left
3 -- 4 Step forward on left foot - Hold
5 -- 6 Step right foot to right - Step left foot next to right
7 -- 8 Step back on right foot - Hold

Slow coaster step, step, drag/ close, step, hold

1 -- 2 Step back on left foot - Step right foot next to left
3 -- 4 Step forward on left foot - Hold
5 -- 6 Step forward on right foot - Drag left foot next to right
7 -- 8 Step forward on right foot - Hold

Heel, touch back, heel, hook, step, lock, step, hold

1 -- 2 Touch left heel forward - Touch back left toe
3 -- 4 Touch left heel forward - Lift up left foot and cross over right knee
5 -- 6 Step forward on left foot - Cross right foot behind left
7 -- 8 Step forward on left foot - Hold

Heel struts forward, step, pivot 1/2 left, step (stomp), hold

1 -- 2 Step forward on right foot, just set the heel - Set down right toe
3 -- 4 Step forward on left foot, just set the heel - Set down left toe
5 -- 6 Step forward on right foot - 1/2 turn left on both balls (6:00)
7 -- 8 Step forward on right foot (as a stomp) - Hold

Repeat

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