

Land of Lake McNeen

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BY STEPHEN

拍數: 36 牆數: 2 級數: Improver
編舞者: Adrian Helliker (FR) & Karen Kennedy (SCO) - June 2013
音樂: Lake McNeen - Sean McAloon : (Album: Love A Little)



Intro: 36 Counts

[1-8] RUMBA BOX, RIGHT COASTER STEP, LEFT LOCK

1&2 Step right to right side, close left beside right, step right forward 3&4 Step left to left side, close right beside left, step left back
5&6 Step back on right, step back on left, step forward on right
7&8 Step left forward, lock right behind left, step left forward (12.00)

[9-16] ¼ RIGHT MAMBO, LEFT CROSS SHUFFLE, RIGHT CHASSE, ¼ LEFT MAMBO

1&2 Rock forward on right, recover on left, ¼ turn stepping right to right side, (3.00) 3&4 Cross left over right, close right beside left, cross left over right
5&6 Step right to right side, close left beside right, step right to right side
7&8 Cross rock left over right, recover on right, ¼ left stepping forward on left (12.00)

[17-24] FULL TRIPLE TURN, SIDE ROCK, RECOVER, CROSS X2, ¼ LEFT GRAPEVINE

1&2 Turning left full triple turn - stepping right. left, right (12.00)
*Option here Shuffle forward stepping right, left, right,
3&4 Rock left to left side, recover onto right, cross left in front of right
* Restart here during wall 4 (Facing Back Wall)
5&6 Rock right to right side, recover onto left, cross right in front of left
7&8 Step left to left side, cross right behind left, ¼ turn left stepping forward on left (9.00)

[25-32] RIGHT TOE TOUCHES, RIGHT COASTER, LEFT TOE TOUCHES, ¼ LEFT SAILOR

1&2 Point right toe to right side, touch right beside left, point right toe to right side 3&4 Step right back, left beside right, right forward
5&6 Point left to left side, left beside right, point left to left side
7&8 Cross left behind right turning ¼ turn left, step right to right side, step left to left side (6.00)

[33-34] RIGHT MAMBO FORWARD, LEFT COASTER STEP

1&2 Rock right forward, recover onto left, step back on right
3&4 Step left back, right close beside left, step left forward (6.00)

START AGAIN

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