

Cowboy On The Run

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Unknown - June 2013
音樂: Cowboy On The Run (牛仔很忙) - Jay Chou (周杰倫)



(Alteration music) Cowboy by Jay

#1. Walk Fwd , Point, Walk Backward, Touch

1-4 Walk fwd on RLR , point L to left side
5-8 Walk back on LRL, touch R beside L and clap

#11. Bump R & Bump L, R Rolling Vine , Touch & Clap

1&2 Bum to R
3&4 Bum to L
5-8 Rolling vine to R on RLR, touch L beside R and clap

#111 & 1V : Mirror steps of Section 1 & Section 11

#V. Jazz box , Cowboy Hand swings & Hip Bums

1-4 Step R fwd, cross L over R, step R back, step L to L side
5&6&7&8 With weight on the R, do cowboy hand swings & hip bums

#V1. Jazz box, Side Together, Side Together

1-4 Step L fwd , cross R over L, step L back, step R beside L
5-8 Step L to L side, step R together, Step L to L side, step R together

#V11. Walk Diagonal Fwd, Kick Ball Change

1-2 Walk R diagonal fwd on RL
3&4 Kick ball change
5&6 Kick ball change
&7&8 kick ball change

#V111. Walk Back, Side Touch, ¼ Turn R Side Touch

1-2 Walk back on LR
3-4 Step L to L side, touch R beside L
5-6 ¼ Turn R step R to R side, touch L beside R
7-8 Step L to L side, touch beside L

Start again - No tag, No restart.

Happy Dancing

Provided by Roger Hwang (US)

Contact : sh3385@gmail.com