

# Cowboy On The Run

COPPERKNOB  
STEPPERS

拍數: 64      牆數: 4      級數: Improver  
編舞者: Unknown - June 2013  
音樂: Cowboy On The Run (牛仔很忙) - Jay Chou (周杰倫)



## (Alteration music) Cowboy by Jay

### #1. Walk Fwd , Point, Walk Backward, Touch

1-4            Walk fwd on RLR , point L to left side  
5-8            Walk back on LRL, touch R beside L and clap

### #11. Bump R & Bump L, R Rolling Vine , Touch & Clap

1&2            Bum to R  
3&4            Bum to L  
5-8            Rolling vine to R on RLR, touch L beside R and clap

### #111 & 1V : Mirror steps of Section 1 & Section 11

### #V. Jazz box , Cowboy Hand swings & Hip Bums

1-4            Step R fwd, cross L over R, step R back, step L to L side  
5&6&7&8        With weight on the R, do cowboy hand swings & hip bums

### #V1. Jazz box, Side Together, Side Together

1-4            Step L fwd , cross R over L, step L back, step R beside L  
5-8            Step L to L side, step R together, Step L to L side, step R together

### #V11. Walk Diagonal Fwd, Kick Ball Change

1-2            Walk R diagonal fwd on RL  
3&4            Kick ball change  
5&6            Kick ball change  
&7&8            kick ball change

### #V111. Walk Back, Side Touch, ¼ Turn R Side Touch

1-2            Walk back on LR  
3-4            Step L to L side, touch R beside L  
5-6            ¼ Turn R step R to R side, touch L beside R  
7-8            Step L to L side, touch beside L

Start again - No tag, No restart.

Happy Dancing

Provided by Roger Hwang (US)

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