

Without The Love

COPPER KNOB
BY STEPHEN METELNICK

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - May 2013
音樂: Without the Love - Demi Lovato



Start after 32 count intro – [110 bpm – 3mins 56secs]

[1-8] L cross step, R side rock/recover, R behind-side-cross unwind, L cross step, R side, L back rock/recover

1-3 Cross step L over R, rock R side, recover weight on L
4&5 Cross step R behind L, step L side, cross step R over L turning ½ left with weight on R
6-7 Cross step L over R, step R side (6 o'clock)
8& Rock L back, recover weight on R

[9-16] ¼ L, ½ L, ½ L, R fwd mambo, L & R back sweep steps, L coaster cross (1st 2 counts)

1-3 Turning ¼ left step L forward, turning ½ left step R back, turning ½ left step L forward (3 o'clock)

Less turny option 1-3: turning ¼ left step L forward, step R forward, step L forward

4&5 Rock R forward, recover weight on L, step R back
&6&7 Sweep L front to back, step L back, sweep R front to back, step R back
8& Step L back, step R together

[17-24] End of coaster, R side point/touch, R cross unwind ½ L, L coaster, R fwd, L side point/touch, L fwd rock/recover

1-3 Cross L over R, point R side, cross step R over L & unwind ½ left with weight on R (9 o'clock)
4&5 Step L back, step R together, step L forward
6-7 Step R forward, point L side
****8& Rock L forward, recover weight on R**

[25-32] ¼ L & half box, R fwd rock/recover, ½ R, ½ R, ¼ R, L cross cha

1-3 Turning ¼ left step L side, step R together, step L forward
4&5 Rock R forward, recover weight on L, turning ½ right step R forward (12 o'clock)
6-7 Turning ½ right step L back, turning ¼ right step R side (9 o'clock)
8& Cross step L over R, step R side

TAG: At end of wall 9 facing left side wall (9 o'clock) add following 4 counts:

1-4 Cross L over R (as usual), sway hips R, L, R

Start the dance again with L cross step

**** For a more dramatic option instead on the rock/recover/¼ left you can execute a ¾ turn right on counts 8& in section 3 and on count 1 of section 4**

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