

My Idiot

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Easy Improver
編舞者: Håkan Westerberg (SWE) - June 2013
音樂: Idiot - Lena Philipsson : (Album: Världen snurrar)



32 count intro, start on vocals - No restarts or tags!

Section 1: Cross, Point, Hitch, Cross, Point, Hitch, Cross, Side

1 – 4 Right Cross over Left, Point Left to left, Hitch Left, Cross Left over Right
5 – 8 Point Right to right, Hitch Right, Cross Right over Left, Left to l side

Section 2: Point, Unwind $\frac{1}{2}$ r, Step, Lock, Lock Shuffle, Side rock Cross

1 – 4 Point Right behind Left, Unwind $\frac{1}{2}$ right, Step Left fwd, Lock Right behind Left
5&6,7&8 Lock shuffle fwd using L, R, L, rock R to right, recover to L, cross R over L

Section 3: Side rock, Behind, Step $\frac{1}{4}$ r, Step $\frac{1}{2}$ turn r, $\frac{1}{4}$ r R to side, Behind

1 – 4 Rock L to left, recover to R, Left behind Right, $\frac{1}{4}$ turn r step Right fwd
5 – 8 Step L fwd, $\frac{1}{2}$ turn r onto Right, $\frac{1}{4}$ turn r Left to left side, Right behind Left

Section 4: Chasse turn $\frac{1}{4}$ l, Mambo rock, Shuffle $\frac{1}{2}$ turn l, Step $\frac{1}{4}$ turn l

1&2, 3&4 Left to l side, R tog, $\frac{1}{4}$ left Left fwd, Rock R fwd, Recover onto L, R step back
5&6, 7, 8 $\frac{1}{4}$ l step L to left side, R tog, $\frac{1}{4}$ left step L fwd, step R fwd, $\frac{1}{4}$ left onto L

Start over again!

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