

Believe

拍數: 32 牆數: 4 級數: Improver
編舞者: Mary E Richardson (SCO) - 2013
音樂: I Still Believe - Mariah Carey



32 count intro

S 1: Forward shuffle x2, rock, recover, shuffle ½ turn right

1&2 Shuffle forward right, left, right to right diagonal
3&4 shuffle forward left, right, left to right diagonal
5 6 rock forward on right foot, recover onto left
7&8 shuffle ½ turn right, stepping, right, left, right

S 2: Shuffle ½ turn right, shuffle ½ turn right, jazz box

1&2 shuffle ½ turn right, stepping left, right, left
3&4 shuffle ½ turn right, stepping right, left, right
5 6 step left across right, step back on right
7 8 step left to left side, step right foot next to left

S 3: Step back & touch right & left, coaster step, rock, recover, cross shuffle

&1 step back right, touch left next to right
&2 step back left, touch right next to left
3&4 step back right, step left next to right, step forward right
5 6 rock left to left side, rock onto right in place
7&8 cross step left over right, step right to right, cross step right over left

S 4: Rock, recover, cross shuffle ¼ turn, skate walk x3, touch

1 2 rock right to right side, rock onto left in place
3&4 cross step right over left, step left ¼ turn left, step forward on right
5 6 skate left foot forward, skate right foot forward
7 8 skate left foot forward, touch right foot next to left
