What About Us

級數: Phrased Intermediate

編舞者: Junior Willis (USA) & Scott Schrank (USA) - April 2013

音樂: What About Us - The Saturdays

Start: 16 counts into music (at vocals) - Phrased: A,A,A,B,A,A,B,A,A,B,A,A,B,B PART A - 32 counts Mambo Forward, Mambo Back, Mambo Cross, Step Back ¼ Right, Step Back 1&2, 3&4 Step R forward, recover on L, step R next to L, step L back, recover on R, step L next to R 5&6, 7-8 Step R out to R, recover on L, step R over L, step L back while turning ¼ R, step R back (3:00)

Rock, Recover, Triple Forward, ¼ Pivot Left, Paddle Turn 1/8 Left (x2)

- Rock back on L, recover on R, step forward on L, step R next to L, step forward on L 1-2, 3&4
- 5-6 Step forward on R, pivot ¼ to L (weight on L) (12:00)
- 7-8 Touch R out to R while turning 1/8 to L, touch R out to R while turning 1/8 to L (9:00)

Side, Rock, Behind-Side-Cross, And Cross, And Cross, Touch Out, Touch Behind

- 1-2, 3&4 Rock R out to R, recover on L, step R behind L, step L out to L, step R over L
- &5&6, 7-8 Step L out to L, step R over L, step L out to L, step R over L, touch L out to L, touch L behind R

Step, Slide, Kick-Ball-Cross, Side Rock, Recover, Cross, Unwind 1/2 Left

- 1-2 Step L out to L, slide ball of R next to L (weight stays on L)
- 3&4 Kick R forward, step ball of R next to L, step L across R
- Rock out to R on R, recover on L, cross R over L, unwind ¹/₂ turn to L (weight ends on L) 5-6, 7-8 (3:00)

PART B (starts at 9:00 wall first time) - 32 counts

Stomp, Stomp, Rock, Recover, Triple 1/2 Right, Pivot 1/2 Right, Pivot 1/4 Right

- 1-2, 3-4 Stomp R in place, stomp L in place, rock forward on R, recover on L
- 5&6 Turn ½ Right stepping forward on R, step L next to R, step forward on R (3:00)
- 7-8, 1-2 Step L forward, pivot 1/2 R, step L forward pivot 1/4 R (12:00)

Kick & Touch. Kick & Touch. Heel Twist (x2) ¹/₄ Turn Left. Kick & Touch

- 3&4 Kick L forward, step L next to R, touch R out to R
- 5&6 Kick R forward, step R next to L, touch L out to L
- 7-8 Twist heels to R, L, R while making a 1/4 turn to L (9:00)
- 1&2 Kick L forward, step L next to R, touch R out to R

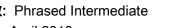
Jazz Box ¼ Right, V-Block

- 3-6 Step R over L, step back on L, step R out to R with 1/4 turn R, step L next to R (12:00)
- 7-8,1-2 Step R forward to R, step L forward to L, step R back to home, step L back to home

Kick, Step Out, Step Out, Bend R Knee In (x2)

- 3&4 Kick R slightly in front of L, step R out to R, step L out to L
- 5-8 Bend R knee in toward L, bring R knee back to home, REPEAT

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拍數: 64

牆數:4