

# Goin' Crazy

拍數: 48      牆數: 4      級數: Improver  
編舞者: Lorna Mursell (UK) & Roz Chaplin (UK) - June 2013  
音樂: Goin' Crazy (feat. Robbie Williams) - Dizzee Rascal : (iTunes)



## 32 Count Intro: Starts on Heavy Beat

### PIVOT ½ TURN X 2, KICK & POINT X 2

1-2            Step forward on right, pivot ½ turn left  
3-4            Step forward on right, pivot ½ turn left  
5&6           Kick right foot forward, step right beside left, point left to left side  
7&8           Kick left foot forward, step left beside right, point right to right side

### CROSS, BACK, SIDE, SCUFF, CROSS, BACK, ¼ TURN, HOLD

1-2            Cross right over left, step back on to left  
3-4            Step right to right side, scuff left forward  
5-6            Cross left over right, step back on to right  
7-8            Step on to left making a ¼ turn left, hold (9)

### CROSS ROCK, CHASSE, CROSS ROCK, CHASSE

1-2            Cross right over left, recover on to left  
3&4            Step right to right side, close left beside right, step right to right side  
5-6            Cross left over right, recover on to right  
7&8            Step left to left side, close right beside left, step left to left side

### CROSS, HOLD, & CROSS, HOLD, SIDE ROCK, BEHIND, SIDE, CROSS

1-2&           Cross right over left, hold, step left to left side  
3-4            Cross right over left, hold  
5-6            Rock left to left side, recover onto right  
7&8            Cross left behind right, step right to right side, cross left over right

### FULL TURN LEFT (travelling forward), SHUFFLE, FORWARD ROCK, SAILOR ¼ TURN

1-2            ½ turn left stepping back on right, ½ turn left stepping forward on left  
**Easy option: Walk forward Right , Left**  
3&4            Step forward right, close left beside right, step forward right  
5-6            Rock forward on left, recover onto right  
7&8            ¼ turn left crossing left behind right, step right to right side, step forward left (6)

### CROSS ROCK, SIDE, TOGETHER, ¼ TURN, PIVOT ½ TURN, SHUFFLE FORWARD

1-2            Cross right over left, recover onto left  
3&4            Step right to right side, close left beside right, turn ¼ right stepping right forward (9)  
5-6            Step forward on left, pivot ½ turn right (3)  
7&8            Step forward left, close right beside left, step forward left