

Long Distance Call

拍數: 80 牆數: 1
編舞者: Olivier AMEL (FR) - June 2012
音樂: Long Distance Call - Phoenix

級數: Phrased Easy Intermediate



Sequence: AABCB, AABCB, DBDB + 1 TAG

PARTIE A

SECTION 1 : 1 WALK, WALK , PIVOT TURN ½ LEFT, WALK, WALK, FULL TURN

1 Step Right Forward
2 Step Left Forward
3 Step Right Forward ½ Turn Left
4 Step Left Forward
5 Step Right Forward
6 7 8 Full Turn L R L

SECTION 2 : TOUCH, BESIDE, TOUCH, BESIDE, BACK, BACK, BACK, HOOK

1 Touch Right Side
2 Step Right Beside Left
3 Touch Left Side
4 Step Left Beside Right
5 6 7 Back Right, Left, Right
8 Left Hook

SECTION 3 : WALK, TOUCH, CROSS, TOUCH, BACK, TOUCH, BACK, TOUCH

1 2 Step Left Forward, Touch Right Side
3 4 Cross Right Over Left, Touch Left Side
5 6 Back Left, Touch Right Side
7 8 Back Right, Touch Left Side

SECTION 4 : JAZZ BOX, BACK, BACK, BACK, FLICK

1 2 3 4 Jazz Box Left
5 6 7 8 Back Left, Right, Left, Flick Right

PARTIE B

SECTION 1 : KICK BALL CROSS X2, ROCK SIDE, CROSS SHUFFLE, KICK BALL CROSS, CROSS X2, SWAY SWAY BEHIND SIDE CROSS

1&2 3&4 5 6 Kick Ball Cross Right Side X2, Rock Right Side, Cross Shuffle Right
7&8
1&2 3&4 5 6 Kick Ball Cross Left Side X2, Sway, Sway, Behind Side Cross
7&8

PARTIE C

SECTION 1 : SAILOR SHUFFLE X 4

1&2 Cross Right Over Left, Side L Side Left, Heel Right Forward
&3&4 Step Right Back, Cross Left Over Right, Step R Side Right, Hell Left Forward
&5&6 Step Left Back, Cross Right Over Left, Step L Left Side, Hell Right Forward
&7&8& Right Back, Cross Left Over Right, Step R Side Right, Hell Left Forward, Left Back

SECTION 2 : SAILOR STEP, SAILOR STEP, PIVOT TURN ½ LEFT, TRAVELING PIVOT TURN ½ RIGHT

1&2 Sailor Step Right
3&4 Sailor Step Left

5 6 Step Right Forward, Step Turn ½ Left
7 8 Step Right Forward, Traveling Pivot Turn ½ Right (Weight To Left)

PARTIE D

SECTION 1 : TRIPLE STEP FORWARD, TRIPLE STEP BACKWARD

1&2 3&4 Triple Step Right, Left Forward (Diagonally Forward)
5&6 7&8 Triple Step Right, Left Backward (Diagonally Backward)

SECTION 2 : MAMBO STEP X 4

1&2 3&4 Rock Mambo Right Backward, Rock Mambo Left Forward
5&6 7&8 Rock Mambo Right Forward, Rock Mambo Left Backward

TAG : TO THE END, REPEAT 2 X SECTION 1 PARTIE A

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