

One Way Ticket

拍數: 32 牆數: 4 級數: Improver
編舞者: Mary E Richardson (SCO) - 2013
音樂: One Way Ticket - Neil Sedaka



16 Count Intro

Section 1 – Rumba Box

1 2 Step right to right side, step left beside right
3 4 Step forward right, hold
5 6 Step left to left side, step right beside left
7 8 Step back on left, hold

Section 2 - Figure 8 Grapevine Right

1 2 Step right to right side, cross left behind right
3 4 step right $\frac{1}{4}$ turn right, step left forward
5 Pivot $\frac{1}{2}$ turn to right (weight on right) .
6 On ball of right now make a $\frac{1}{4}$ turn right, stepping left to left side
7 8 cross right behind left, step left $\frac{1}{4}$ turn left

Section 3 - Sway x2 – Side Shuffle Right – Sway x2 - Side Shuffle Left

1 2 Sway hips to right, sway hips to left
3&4 step right to right side, close left next to right, step right to right side
5 6 Sway hips to left, sway hips to right
7&8 step left to left side, close right next to left, step left to left side

Section 4 - Prissy Walks - Forward Shuffle – Prissy Walks – Side -Rock $\frac{1}{4}$ Turn Right

1 2 Step right forward and across left, Step left forward across right
3&4 Step right forward, step left beside right, step right forward
5 6 Walk left forward and across right, walk right forward and across left
7& Rock onto left to left side, recover onto right making $\frac{1}{4}$ turn right
8 Step left next to right.
