

# Break My Mind

**COPPER** KNOB  
STEPSHEETS

拍數: 40      牆數: 4      級數: Beginner  
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音樂: Break My Mind - Nathan Carter



## (1-8) R & L SIDE TOUCHES , SIDE TOGETHER FORWARD HOLD

1-2      Step R to R side , Touch L beside R (12)  
3-4      Step L to L side , Touch R beside L (12)  
5-6      Step R to R side , close L beside R (12)  
7-8      Step forward R , Hold (12)

## (9-16) L & R SIDE TOUCHES , SIDE TOGETHER BACK HOLD

9-10      Step L to L side , Touch R beside L (12)  
11-12      Step R to R side , Touch L beside R (12)  
13-14      Step L to L side , close R beside L (12)  
15-16      Step L back , Hold (12)

## (17-24) WALK BACK , HALF TURN SHUFFLE , WALK FORWARD, STEP PIVOT STEP

17-18      Walk back R, L (12)  
19&20      ½ turn shuffle over R , stepping R, L, R (6)  
21-22      Walk forward L , R (6)  
23&24      Step forward on L , Pivot half turn R , step forward L (12)

## (25-32) HEEL DIGS R & L , BEHIND SIDE CROSS

25-26      Tap R Heel forward twice (12)  
27&28      Step R behind L , Step L to L side , Cross R over L (12)  
29-30      Tap L Heel forward twice (12)  
31&32      Step L behind R, Step R to R making ¼ turn R , step forward L (3)

## (33-40) CHARLESTON STEPS , LEFT COASTER ST EP

33-34      Sweep R forward , step back on R (3)  
35-36      Sweep L back , step forward on L (3)  
37-38      Sweep R forward , step back on R (3)  
39&40      Step back on L , step R beside L, step L slightly forward (3)

## BEGIN AGAIN

## TAG AT THE END OF WALLS 2 , 4 , AND 5. – ADD THE FOLLOWING 4 COUNTS

### R JAZZ BOX CROSS

1-2      Cross R over L , step L back  
3-4      Step R to R side , cross L over R

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