

Still Alive

COPPER KNOB
STEPPERS

拍數: 64
編舞者: Fabio Bregolato (IT) - June 2013
音樂: If the Shoe Fits - Hank Williams III

牆數: 1

級數: Phrased Intermediate / Advanced



(Dedicated to my friend Felice)

Sequence: A-A-B-B-A-A-TAG-B-B-A-A-B-B-A-A-TAG-A

PART A - 32 counts

[1-8] STOMP, STOMP, ROCK BACK ½ TURN, STEP, SCUFF, SCOOT X2

- 1-2 Stomp right forward, Stomp left forward
- 3-4 Rock right forward, recover weight on left
- 5-6 Turn ½ right and step right forward, scuff left next to right
- 7-8 Jump forward on right and hitch left twice

[9-16] STEP, STOMP, SWIVEL RIGHT, SWIVEL LEFT, STOMP, HOLD

- 1-2 Step forward on left, stomp right next to left
- 3-4 Swivel right heel to right, swivel right toe to right
- 5-6 Swivel left heel to right, swivel left toe to right
- 7-8 Stomp left next to right, hold

[17-24] FLICK, STOMP, KICK TWICE, ROCK CROSS, STEP ¼ TURN, SCUFF

- 1-2 Flick left foot to left, stomp left next to right
- 3-4 Kick left foot forward twice
- 5-6 Jumping cross left over right and hook right back, step back on right and kick left forward
- 7-8 Turn ¼ right and step back on left and hitch right back, scuff right next to left

[25-32] GRAPEVINE ¼ TURN, STEP, LOCK, STEP, SCUFF

- 1-2 Step right foot to right, cross left behind right
- 3-4 Turn ¼ right and step right forward, scuff left next to right
- 5-6 Step left forward, lock right behind left
- 7-8 Step left forward, scuff right next to left

PART B - 32 counts

[1-8] TOE STRUT ½ TURN, ROCK BACK, TOE STRUT ½ TURN, ROCK BACK

- 1-2 Step right toe forward, turn ½ left and drop right heel
- 3-4 Rock left back, recover weight on right
- 5-6 Step left toe forward, turn ½ right and drop left heel
- 7-8 Rock right back, recover weight on left

[9-16] KICK, ROCK CROSS, STEP BACK ¼ TURN, ROCK CROSS, STEP BACK, SCUFF

- 1-2 Kick right forward, jumping cross right over left and hook left behind
- 3-4 Step back on left and kick right forward, jumping turn ¼ left and step back on right and kick left forward
- 5-6 Jumping cross left over right and hook right behind, step back on right and kick left forward
- 7-8 Step left back, scuff right next to left

[17-24] GRAPEVINE RIGHT TURN ½, GRAPEVINE LEFT

- 1-2 Step right to side, cross left behind right
- 3-4 Turn ¼ right and step right forward, turn ¼ right and scuff left next to right
- 5-6 Step left to side, cross right behind left
- 7-8 Step left to side, scuff right next to left

[25-32] TOE STRUT ¼ TURN, TOE STRUT ½ TURN, ROCK BACK, STOMP, HOLD

- 1-2 Turn ¼ right and step right toe forward, drop right heel
- 3-4 Turn ½ right and step left toe back, drop left heel
- 5-6 Jumping rock back on right foot, recover weight on left
- 7-8 Stomp right foot next to left, hold

TAG:

RIGHT APPLEJACK, LEFT APPLEJACK

- 1-2 Swivel right toe and left heel to right, return to center
- 3-4 Swivel left toe and right heel to left, return to center

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