

Sideways

拍數: 32 牆數: 2 級數: Beginner
編舞者: Kathryn Sloan (AUS) & Jackie McIlrick (AUS) - June 2009
音樂: Sideways - Dierks Bentley : (Album: Feel that Fire)



Start dance on vocals. Weight on Left

[1 – 8] SHUFFLE FORWARD , ROCK FORWARD , SHUFFLE BACK , ROCK BACK

1&2 - 3,4 Shuffle forward on Right (R,L,R,) Rock forward on Left, replace weight to Right
5&6 - 7,8 Shuffle back on Left (L,R,L), Rock back on Right, replace weight to Left

[9 – 16] SHUFFLE FORWARD , PIVOT TURN , SHUFFLE FORWARD , PIVOT TURN (*)

1&2 - 3,4 Shuffle forward on Right (R,L,R), step Left forward, pivot turn 180° R (weight to R)
5&6 - 7,8 Shuffle forward on Left (L,R,L) , step Right forward, pivot turn 180°L (weight to L)

[17 – 24] ROCK RIGHT , BEHIND , SIDE , CROSS , ROCK LEFT , BEHIND , SIDE , CROSS

1,2 – 3&4 Rock R to R side, recover weight on L, Cross R behind L, step L to L side, cross R over L
5,6 - 7&8 Rock L to L side, recover weight on R, Cross L behind R, step R to R side, cross L over R

[25 – 32] HEEL & HEEL&, PIVOT QUARTER, HEEL & HEEL &, PIVOT QUARTER

1& 2& 3,4 Step Right heel forward with toe pointing up, step Right beside Left, step Left heel forward with toe pointing up, step Left beside Right, step forward on R, pivot 90°L (weight on L)
5&6& 7,8 Step Right heel forward with toe pointing up, step Right beside Left, Step Left heel forward with toe pointing up, step Left beside Right, step forward on R, pivot 90°L (weight on L)

Begin again

RESTARTS/TAGS

A Restart occurs during wall 3, dance to count 16 and Restart (*)

VARIATIONS

for early beginners steps 8 – 16 can be replaced by repeating steps 1 -8

Contact - (Outback Bootscooters) happykaf@yahoo.com
