

Barefoot and Crazy

拍數: 64 牆數: 4 級數: Beginner
編舞者: Kathryn Sloan (AUS) - December 2010
音樂: Barefoot and Crazy (Double Dog Dare Ya Mix) - Jack Ingram



Starts 32 counts in (on vocals) with weight on left.
(Can be danced the same to album version but is slower)

[1 – 8] Vine right, side touch, side touch

1,2,3,4 Step right to side, cross left behind right, right to side, touch left together
5,6,7,8 Step L to left side, touch R beside L, step R to right side, touch L beside R

[9 – 16] Vine left, side touch, side touch

1,2,3,4 Step left to side, cross right behind left, left to side, touch right together
5,6,7,8 Step R to right side, touch L beside R, step L to left side touch R beside L

[17- 24] Heel, together, heel together, (diagonal 45's) buttermilk, buttermilk

1,2,3,4 Touch right heel forward on diagonal, replace next to left, touch left heel forward on diagonal, replace next to right
5,6,7,8 With weight on balls of both feet twist heels out, twist heels in, twist heels out, twist heels in

[25 -32] Step kick, back touch, step kick, back touch

1,2,3,4 Step right foot forward, kick left forward, Step left foot back touch right foot back
5,6,7,8 Step right foot forward, kick left forward, Step left foot back touch right foot back

[33 – 40] Diagonal step forward right, step together, diagonal step forward right, step together, diagonal step backwards left, step together, diagonal step backwards

Left, step together

1,2,3,4 Step R fwd at 45° right, step L together, Step R forward at 45° right, step L together
5,6,7,8 Step L back at 45° left, step R together, Step L back at 45° left, step R together

[41 – 48] Diagonal step backwards right, step together, diagonal step backwards right, step together, diagonal step forward left, step together, diagonal step forward left, step together

1, 2,3,4 Step R back at 45° right, step L tog, Step R back at 45° right, step left together
5,6,7,8 Step L fwd at 45° left, step R together, Step L fwd at 45° left, step R together

[49 – 56] Diagonal 45's turning to left (90°)

1, 2,3,4 Touch right heel forward on diagonal, replace next to left, touch left heel forward on diagonal turning 45° to the left, replace next to right
5,6,7,8 Touch right heel forward on diagonal, replace next to left, touch left heel forward on diagonal turning 45° to the left, replace next to right

[57 - 64] Jazz box, toe struts

1, 2,3,4 Cross right over left, step left back, step right to side, touch left together
5,6,7,8 Touch right toe forward, drop right heel, touch left toe forward, drop left heel

Repeat

At end of wall 6 turn jazz box to front to end the dance.